



DR. C. V. RAMAN UNIVERSITY
KARGI ROAD KOTA BILASPUR (C.G.)

Name of the Initiatives	Name of the capacity development and skills enhancement schemes	Number of students enrolled	Name of the agencies/consultants involved
Life skills (Yoga, physical fitness, health and hygiene)	One Day Yoga and Meditation Training	40	Mrs, Gunjan Sharma, Assistant professor, Pragati college ,Raipur 9294603029 and Piyush Vashinav, Head of Vedic School, Raipur 9907718875
	Atithi Vyakhyan on Karo Yog Raho Nirog	61	Ravi Shankar Sahu, Vivekanand Institute Raipur (C.G.)
	One Day Expert Talk On "Ayurveda, Yoga and Human Health"	85	Ms. Saumya Singh, Yoga Instructor, Bilaspur
	Guest Lecture On "Power of Happiness"	76	Dr. Sahid Khan, Sports Officer, Chouksey Engineering College, Bilaspur
	One Day Guest Lecture On "Science of Yoga and Stress Management"	82	Mr. Md. Azharuddin, PTI, Brilliant Public School, Bilaspur
	Expert Talk On "Maintain Personal Hygiene: Why it is Important"	75	Dr. Dushyant Kumar Lahre, Shivansh Clinic, Uslapur
	Online Guest Lecture on Need of Mental hygiene & Crimes	98	Dr. Sonali Chhanawar Principal, Mahtama Ganddhi college, Raipur (C.G.). 9827186008
	An Informative Session on recent topic entitled "Agility Fitness"	69	Dr Ajay Yadav Sports Office, D. P. Vipra College Bilaspur Mo-+919827492951
	One Day Expert Talk On "Fit India: For Better Tomorrow"	40	Dr. Arun Sahu, Professor, BIT, Durg
	One Day Expert Talk On "Interior Design of a Building"	90	Ms. Sakshi Gupta, Sr. Interior Designer, Vastu Modulars, Bilaspur
	Guest lecture on Traditional Uses of Medicinal Plants	115	Shri Nirmal Awasthi, State Secretary /Traditional Healer, Parmparagat Vanoushadhi Prashikchit Vaidya Sangh Chhattisgarh 9685441912
	Awareness Programme on Law and Health	89	Dr. Abhijit Raizada, Director, Sai Baba Hospital Bilaspur (C.G.) Mo. No. - 09827150429
	One Day invited lecture on "Offensive Skill in the Sports with Reference of Kabaddi."	38	Dr. Gulbahar Khan , Noida College Dilli
	One Day invited lecture on "Basketball Training."	19	Dr. Rajeev Chaudhri Pt. Ravi Shankar Shukla Raipur , (C.G.)
	One Day Guest lecture on " Gender Sensitization"	48	Dr. Brijesh Pratap Yadav, Principal, Sri Institute Of Professional Studies, Naya Raipur, 9340700639
	One Day invited lecture on " judo techniques"	20	Mr. Vijay Nag ,Senior Judo Players ,Chhattisgarh,
	Online Campaign For Fitness During COVID 19	50	Dr. Sushil Kumar Patel , Pragati College Raipur, 9425245676
	One Day invited lecture on "football strategies "	23	Dr. Ajay Yadav ,D.P.Vipra Collage, Bilaspur Chhattisgarh
	One Day invited lecture on " Gymnastics Exercises requiring Balance ,strength and Flaxibility	22	Dr. milind Bhandave ,Assitant Professor, Raipur Chhattisgarh.
	One Day invited lecture on " The Evolution of technology in sports	20	Dr. Santosh Bajpai, Senior Sports Officer. Science college, Sipat bilaspur, Chhattisgarh.



DR. C.V.RAMAN UNIVERSITY, KOTA, BILASPUR (C.G.)
DEPARTMENT OF EDUCATION

One Day Yoga and Meditation Training

Organized By: Department of Education, Dr. C.V.Raman University Kota Bilaspur (C.G.)

Date-20/07/22, Venue-Block-E

Timings- 11.30 am to 12.30 pm

Mode of Conduction: Offline

No. of Participants : 40

Trainers :Mrs, Gunjan Sharma, Assistant professor, Pragati college ,Raipur Mobile No- 9907718875 and Mr. Piyush Vashinav, Head of Vedic School, Raipur Mobile No-8349921021

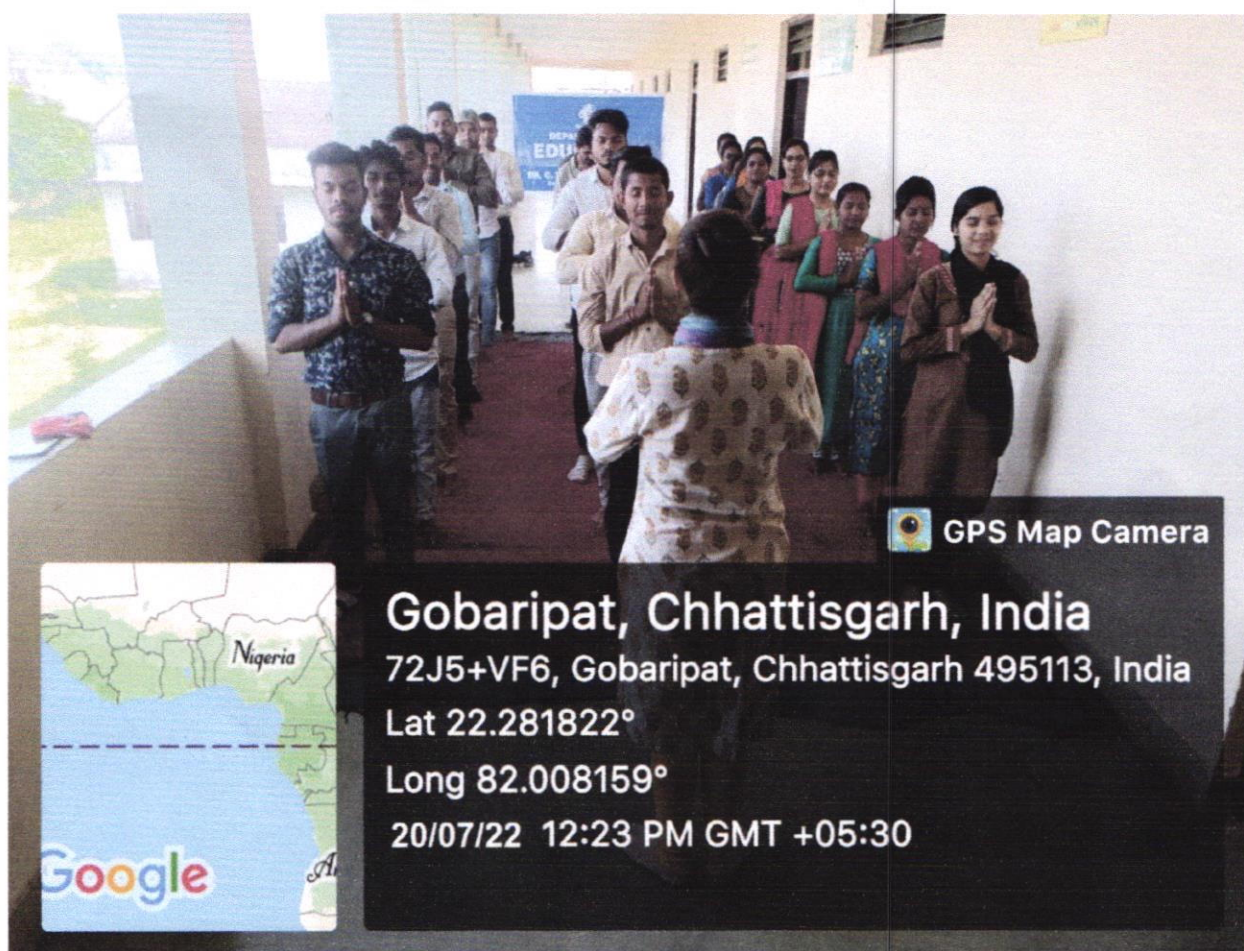


Report of the Program

A One Day Yoga and Meditation Training was organized by Department of Education ,Dr. C.V. Raman University, Kota, Bilaspur, the main aim of this training session is to teach the students about the benefits of yoga and spread the awareness about yoga. A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. Program was started by the blessings words and welcome speech by HOD, Dr. Ritesh Mishra, she welcomed the Guest Mrs, Gunjan Sharma, Assistant professor, Pragati college ,Raipur and Piyush Vashinav, Head of Vedic School, Raipur, The session began by seeking the blessings of the almighty by chanting the Gayatri Mantra. After the prayer session was started small lecture on the topic yoga was covered by both the trainers they explained the basic concept and need of yoga and they told us that how yoga can help in different aspects of our physical and mental development and count all the benefit related to yoga. After that they also took practice session of Yogasana at corridor Students performed Pranayam then they did Surya Namaskar.

extending the practice of yoga. The session concluded with an interactive session between the instructor and the students in which the queries of the students were addressed satisfactorily. The session was very refreshing, reviving and relaxing. A total of 30 students from department of Education joined the session. They enjoyed the session fully and were greatly benefitted. As a feedback, the participants appreciated the event. A few people shared their experiences as very enjoyable, useful, informative and excellent. The participants will look forward to attend similar sessions in future.

The training was end by vote of thanks presented by Dr.Jayshankar Yadav who also suggested following yoga and meditation for peaceful and healthy life. He thanked the trainers, participants, students and the faculty for making the event successful.



Mrs. Gunjan Sharma and Participant are presenting yoga pranayam



Mr. Piyush Vashinav and Participants are Yoga Tadasan




Mrs. Gunjan Sharma and Participant are presenting yoga pranayam

HOD
Deptt. of Education
Dr. C.V. Raman University

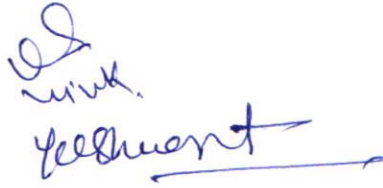
One Day Yoga and Meditation Training

Participant List - 20/07/22

S.No	Name of Students	Signature
1	Amandeep Singh Punaser	AP
2	Ankit Kumar	
3	Anuradha Singh	Anuradha
4	Aravind Kumar Dhruw	Anuradha
5	Archana Kumari Banjara	
6	Asha Rashmi Kujur	
7	Ashok Toppo	Ashok
8	Ayushi Sahu	Ashok
9	Bhanupratap Jaiswal	AB
10	Bharati Dewangan	B
11	Bharti	Bharati
12	Bhavna Sindram	
13	Chait Ram	Chait
14	Chhailleshwari	Chhailleshwari
15	Deepanjali	
16	Deepanshu Sahu	Deepanshu
17	Deepika Sahu	Deepika
18	Devendra Kumar	DK
19	Dinesh Kumar Kashyap	Dinesh
20	Dropati	Dropati
21	Durgawati Porte	DURGA
22	Gajendra Singh Rajput	
23	Gaurav Kumar Sharma	Gaurav
24	Hemant Singh Thakur	Hemant Thakur
25	Hima Armo	
26	Himanshi Namdev	Himanshi Namdev
27	Himanshu	
28	Himanshu Sharma	Himanshu
29	Indu Sanadya	
30	Ivin Patrick	Ivin
31	Kunjbihari Sahu	Kunjbihari
32	Madhu Chandravanshi	
33	Sandeepkumar	Sandeep
34	Sanjay	Sanjay
35	Vandana Rajput	Vandana
36	Vandna Dhruv	Vandana
37	Vijay Kumar	Vijay

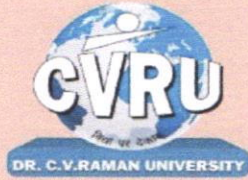

HOD
Deptt. of Education
Dr. C.V. Raman University

- 38 Vijeta Sharma
39 Vivek Kumar
40 Yashwant Kumar Patre


Yashwant



HOD
Dr. Ritesh Mishra
Dept. of Education
Department of Education
Dr. C. V. Raman University
Dr. C. V. Raman, University, Kota



**ONE DAY
YOGA AND MEDITATION
TRAINING**



20/07/22



11:30AM to 12:30 AM

Venue - Block -E

Trainers

Mrs. Gunjan Sharma

Assistant professor, Pragati college Raipur

Mr. Piyush Vashinav

Head, Vedic school, Raipur

Organized By :-

Department of Education

Raipur(C.G.)

Dr. C.V. RAMAN UNIVERSITY

Kargi Road, Kota, Bilaspur, (C.G.)



DEPARTMENT OF EDUCATION

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Ref. No. 411 /CVRU/Education Deptt/.2021.

Kota, Bilaspur, Date: -13/07/2022

Notice

It is here by inform to all faculty member & students of Education Department that Department of Education is going to organize One Day Yoga and Meditation Training. The programme will be held on Date 20/07/2022 at E- Block Hall. All the students and faculty members are requested to be present there.

Time - 11:30 AM To 12:30 PM

Venue- E- Block Hall

HOD

HOD
Deptt. of Education
Dr. C.V. Raman University



डॉ. सी. व्ही. रमन विश्वविद्यालय, करगी रोड कोटा बिलासपुर (छ.ग.)

भाषा विज्ञान विभाग

अतिथि व्याख्यान

शीर्षक—“ करो योग रहो निरोग ”

दिनांक 25/06/2022

योग दिवस के अवसर पर अतिथि व्याख्यान का आयोजन किया गया। जिसका विषय करो योग रहो निरोग रहो। योग की महत्ता और जीवन से जुड़ी योग का सम्बंध बहुत ही धनिष्ठ है। मुख्य वक्ता के रूप में रविशंकर साहू योग विभागाध्यक्ष विवेकानंद इंस्ट्यूट रायपुर ने कहा कि शरीर और मन को स्वस्थ रखने में योग की महत्त्वपूर्ण भूमिका है। योग हमारे सम्पूर्ण शरीर में संतुलन हो बनाए रखने के साथ मन मस्तिष्क को तरोताजा करने में सहायक है। योग प्राचीन काल से चली आ रही है परंतु कोरोना काल में संघर्ष में योग आशा की किरण के रूप में आयी। रोगी व्यक्ति किसी भी कार्य को करने में सक्षम नहीं रहता और वह हता नजर आता है। अगर वह योग को अपने दैनिक क्रिया कलाप में शामिल कर ले तो निश्चित ही एक बदलाव सामने आएगा। शरीर में सुक्ष्म ग्रंथियां होती हैं और उसे संतुलित करने में योग का स्थान आगे है। स्वस्थ जीवन का आधार योग है, प्रतिरक्षा से लेकर जीवन की गुणवत्ता बढ़ाने तक में लाभकारी है। सदियों से भारत में योगाभ्यास करके स्वास्थ्य लाभ किया जाता रहा है विशेषज्ञ यहां तक दावा करते हैं कि जो लोग नियमित तौर से योगासनों का आभास करते रहते हैं उनमें डायबिटीज और हृदय रोग जैसी तेजी से बढ़ती गंभीर बीमारियों का जोखिम भी कम होता है। योग शारीरिक निष्क्रियता के खतरों को कम करते हुए शरीर में रक्त संचार बढ़ाने, हड्डियों, मांस-पेशियों को मजबूती देने के साथ लाइफ स्टाइल में गडबडी के कारण होने वाली स्वास्थ्य समस्याओं के जोखिम को कम कर सकता है। मेडिकल साइंस भी योग के अभ्यास को सेहत के लिहाज से काफी फायदेमंद मानता है। प्रतिरक्षा से लेकर जीवन की गुणवत्ता को बेहतर बनाए रखने तक के लिए नियमित तौर पर योगासनों के अभ्यास की आदत बनाकर लाभ प्राप्त किया जा सकता है।

अमेरिकन एकेडमी ऑफ पीडियाट्रिक्स (एएपी) के अनुसार बच्चों और किशोरों में योग के अभ्यास की आदत बनाकर उनमें भावात्मक, मानसिक, शारीरिक, और व्यवहारिक स्वास्थ्य स्थितियों को मजबूत किया जा सकता है। योग बच्चों को आत्मविश्वास बढ़ाने,

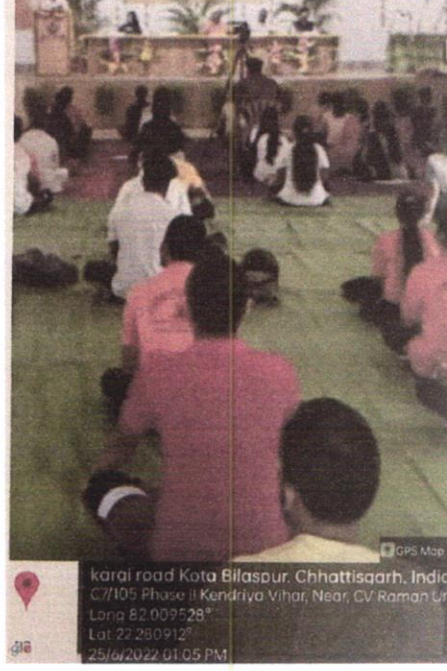
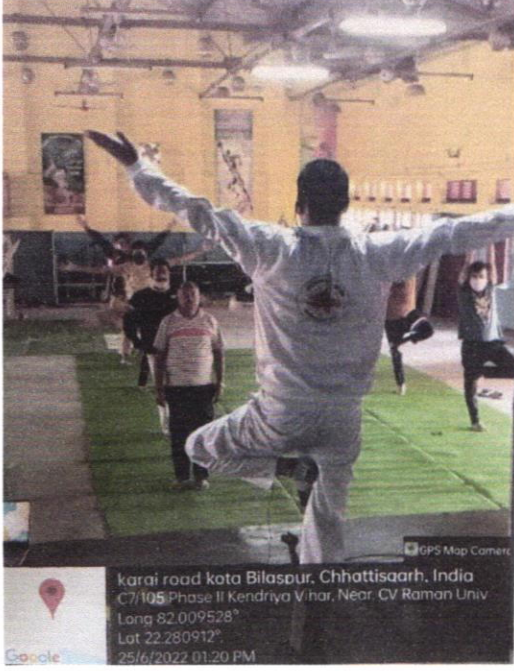
काम पर ध्यान केंद्रित करने और समस्याको को शांति से संभालने में मददार है। अगर हम नियमित रूप से अभ्यास करे तो शारीरिक संतुलन में सुधार करने, तनाव दूर करने और ताकत को बढ़ावा देने के लिए कारगर सिद्ध हो सकता है।

पहले योग का अभ्यास ध्यान की क्रिया के साथ किया जाता है। योग सांस लेने के अभ्यास और शारीरिक क्रियाओं का जोड़ है। योग व्यवस्थित, वैज्ञानिक और परिणाम दोनों शारीरिक और मानसिक स्वास्थ्य के सुधारों द्वारा प्राप्त किया जा सकता है। अब योग का प्रचलन बढ़ गया है। अतः हम सभी योग करके यादाश्त, अक्साद, चिंता, डिप्रेशन, मोटापा, मनोविकारों को भी दूर भगा सकते हैं। शरीर में रन्त प्रवाह बढ़ाने का योग से अच्छा कोई और तरीका नहीं हो सकता है अतः हम सभी करे योग, रहे निरोग को अपनाए।

भाषाविज्ञान विभागाध्यक्ष डॉ. मनीषा द्विवेदी द्वारा, स्वागत भाषण दिया गया और आभार डॉ. रेखा दुबे संचालन दिगविजय सुमन द्वारा दिया गया। कार्यक्रम में 61 सहभागियों की उपस्थिति सरहानीय रही ।



Department of Linguistics
Dr.C.V.Raman University
Kargi Road kota, Bilaspur (C.G.)



मुख्य वक्ता रविशंकर साहू

MOL

आयोजक

डॉ. मनीषा द्विवेदी

भाषा विज्ञान विभाग

डॉ. सी.व्ही रमन विश्वविद्यालय,

करगीरोड कोटा, बिलासपुर (छ.ग.)

Department of Linguistics




Dr.C.V.Raman University

Kargi Road kota, Bilaspur (C.G.)

प्रतिभागियों की सूची

S.N.	Name of Participants	Course	Singature
1	Dipak Ming	MA CG	दीपक
2	Raghu Bharti	MA CG	राघव
3	Manjesh	MA CG	मानेश
4	Ismail Ekka	MA CG	इस्मैल
5	Monika Mishra	MA CG	मोनिका
6	Vinay Verma	MA CG	विनाय
7	Sampada Dubey	MA CG	सम्पदा
8	Manisha Suman	MA CG	मानिशा
9	Prahlad Jaishwal	MA CG	प्राह्लाद
10	Aishwarya	MA CG	आश्वर्या
11	Chandrashekhar Rajak	MA CG	चन्द्रशेखर
12	Dipak Kumar Hathile	MA CG	दीपक
13	Durga Prasad Sahu	MA CG	दुर्गा
14	Padmeshwari	MA CG	पद्मेश्वरी
15	Poonam Banjare	MA CG	पूनाम
16	Sarita Shriwas	MA CG	सरिता
17	Sushma Banjare	MA CG	सुष्मा
18	Urvashi	MA CG	उर्वशी
19	Versha Sahu	MA CG	वर्षा
20	Vinita Khute	MA CG	विनिता
21	Shivam Mishra	MA CG	शिवम
22	Ramesh Das Manikpuri	MA CG	रमेश
23	Vajindar Pal Navrang	M.A. English	वजिन्दर
24	Avish Kashyap	M.A. English	अविश

25	Chetan Patel	M.A. Hindi	चेतन
26	Daisymoon Jangde	M.A. Hindi	डेजीमून
27	Anamika Sahu	M.A. Sanskrit	Anamika
28	Bhuneshwar Nishad	M.A. Sanskrit	Bhuneshwar
29	Durga Sahu	M.A. Sanskrit	दुर्गा
30	Nema Sahu	M.A. Sanskrit	Nema
31	Rajiv Ratna Sharma	M.A. Sanskrit	राजिव
32	Reshu Keshari	M.A. Sanskrit	Reshu
33	Rohit Vishwakarma	M.A. Sanskrit	Rohit
34	Sandhya	M.A. Sanskrit	Sandhya
35	Anjali Garai	M.A. Sanskrit	अंजलि
36	Arjun Banjare	M.A. Sanskrit	अर्जुन
37	Archana Kashyap	M.A. Sanskrit	अर्चना
38	Anamika Sahu	M.A. Sanskrit	अनामिका
39	Bhuneshwar Nishad	M.A. Sanskrit	भुवनेश्वर
40	Durga Sahu	M.A. Sanskrit	Durga
41	Ashwani Kumar Rajak	MA CG	Ashwani
42	Chandrashekhar Rajak	MA CG	चंद्रशेखर
43	Dipak Kumar Hathile	MA CG	Dipak
44	Durga Prasad Sahu	MA CG	Durgaprasad
45	Dr. Reena Tiwari	Faculty	Reena
46	Mr. Shahid Hussain	Faculty	Shahid
47	Mr. Trilokee Singh Kshatri	Faculty	Triloki
48	Dr. Aanchal Shrivastava	Faculty	Aanchal
49	Dr. Snehlata Nirmalkar	Faculty	Snehlata
50	Dr. Rekha Dubey	Faculty	Rekha

51	Mr. Digvijay Suman	Faculty	
52	Dr. Ved Prakash Mishra	Faculty	V.P.mishra
53	Dr. Manisha Dwivedi	Faculty	
54	Dr. Renu Shukla	Faculty	<u>S.Renu</u>
55	Dr. Surya Bhushan Dubey	Faculty	Suryabhushan
56	Dr. Sandhya Jaiswal	Faculty	sandhyaj.
57	Dr. Richa Yadav	Faculty	Richa
58	Dr. Kajal Moitra	Faculty	<u>Kajal</u>
59	Dr. Ram Ratan Sahu	Faculty	
60	Mr. Rakesh Gupta	Faculty	<u>R.Gupta</u>
61	Dr. Pratima Bais	Faculty	<u>Pd.</u>


Department of Linguistics
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 Kargi Road kota, Bilaspur (C.G.)



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क्रं./285 भाषा विज्ञान विभाग /2021-22

कोटा/दिनांक-21/06/2022

सूचना

अत्यंत हर्ष के साथ आप सभी को सूचित किया जाता है कि हमारे विश्वविद्यालय में भाषा विज्ञान विभाग के द्वारा ' करो योग रहो निरोग रहो ' विषय पर दिनांक 25/06/2022 को "अतिथि व्याख्यान" का आयोजन सुबह 01.00 बजे से किया जायेगा।

आपकी उपस्थिति प्रार्थनीय है।

आयोजक

डॉ. मनीषा द्विवेदी
भाषा विज्ञान विभाग

डॉ. सी.व्ही रमन विश्वविद्यालय,
करगीरोड कोटा, बिलासपुर (छ.ग.)

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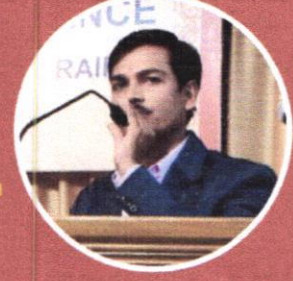


अतिथि व्याख्यान

करो योग, रहो निरोग

दिनांक: 25 जून 2022,
समय: 01:00 बजे से 02:00 बजे तक

आयोजक: भाषा विज्ञान विभाग एवं आई.एच.ए.सी.



मुख्यावतार
श्री रविशंकर साह
विभागाध्यक्ष,
योग विवेकानंद इन्स्टीट्यूट रायपुर (छ.ग.)

डॉ. सी.व्ही. रमन विश्वविद्यालय

करगी रोड, कोटा, जिला- बिलासपुर (छ.ग.)

A BRIEF REPORT

- 1) **Name of The Event/Activity:** AYURVEDA, YOGA & HUMAN HEALTH
- 2) **Organized By:** DEPARTMENT OF ENGINEERING & IQAC
- 3) **Date:** 18 MAY, 2022
- 4) **Venue:** SMART CLASS ROOM(AS-14)
- 5) **Duration in Nos.:** 01 DAY
- 6) **Total No. of Participants:** 85
- 7) **Mode of Conduction (Offline/Online):** OFFLINE
- 8) **Type/Nature & Level of the Event:** EXPERT TALK
- 9) **Details of Resource Persons/Keynote Speakers/Experts etc**
MISS SAUMYA SINGH, YOGA INSTRUCTOR, BILASPUR , CHHATTISGARH
- 10) **Session-wise/Stepwise/Day-wise description:** 12:00 PM to 3:00 PM

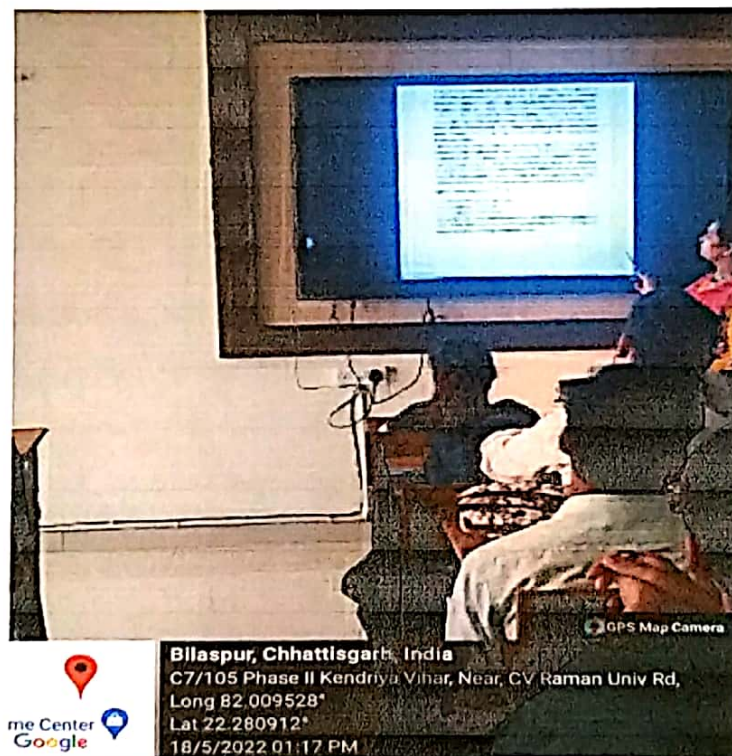
Brief Description

The Department of Engineering had organized Expert Talk on the very interesting area which was “**Ayurveda ,Yoga & Human Health**”. The programme started with the welcome address by Dr. Rohit Miri, the Guest for the event had been Miss Saumya Singh, Yoga Instructor, Bilaspur, Chhattisgarh.

The Resource person Miss Saumya Singh, gave a power point presentation on the Ayurveda, Yoga & Human Health. She explained that 'yoga' is derived from the Sanskrit root 'yuj', which means 'to join' or 'to unite'. According to the yogic scriptures, the practice of yoga results in the union of individual consciousness with universal consciousness, indicating perfect harmony between mind and body, man and nature. It is an art and science of healthy living. She also highlighted many important points related to yoga. She told that the aim of Yoga is Self-realization, to overcome all kinds of sufferings leading to 'the state of liberation' (Moksha) or

'freedom' (Kaivalya). Living with freedom in all walks of life, health and harmony shall be the main objectives of Yoga practice."Yoga" also refers to an inner science comprising of a variety of methods through which human beings can realize this union and achieve mastery over their destiny.

Throughout the session, the students and the faculty associated with great enthusiasm and they also asked her a lot of questions. At the end of the session Mr. Praveen Chouksey, Assistant Professor, Department of Computer Science and Engineering presented a small token of appreciation to our valuable guest to Miss Saumya Singh. The event had been concluded by vote of thanks which had been given by the Dr. Rohit Miri, Branch Head, Department of Computer Science and Engineering, Dr. C.V. Raman University, Bilaspur (C.G.).



Students attended lecture

Rohit Miri
Head,

Department of Engineering

Principal
Dr.C.V.Raman Institute of
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Kargi Road,Kota
Dist. Bilaspur(C.G.)



**DR. C.V. RAMAN INSTITUTE OF
SCIENCE & TECHNOLOGY**

DEPARTMENT OF ENGINEERING

Website: www.cvru.ac.in, Email : info@cvru.ac.in

Ref.No./CVRI/Pri./Int./...234...../2022

DATE: 10 May 2022

Notice

This is to notify that Department of Engineering is going to organize Expert talk on “Ayurveda, Yoga and Human Health” dated on 18th May, 2022. Lecture will be delivered by Miss Saumya Singh (Yoga Instructor) to create awareness among students and faculty members regarding fitness. Therefore it will be mandatory for all to attend the lecture.

Head,

Department of Engineering

Principal
Dr.C.V.Raman Institute of
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Kargi Road, Kota
Dist. Bilaspur(C.G.)

Copy To:

1. PA, Vice Chancellor, Dr. C.V. Raman University (For kind information)
2. PA, Registrar, Dr. C.V.Raman University(For kind information)
3. IQAC, Dr.C.V. Raman University
4. All HODs/Deans, Dr.C.V. Raman University
5. Training & Placement Cell, Dr. C.V. Raman University



75
आज़ादी का
अमृत महोत्सव




Resource Person

Miss Saumya Singh
Yoga Instructor, Bilaspur (C.G.)

One Day Event on
**AYURVEDA, YOGA
& HUMAN HEALTH**

 18 May 2022

 12:00PM to 03:00PM

Venue

Smart Class Room
(AS 14)



ORGANIZED BY : DEPARTMENT OF ENGINEERING & IQAC

DR. C.V. RAMAN UNIVERSITY

Kargi Road, Kota, Dist- Bilaspur (C.G.)

DR. C. V. RAMAN UNIVERSITY, KOTA, BILASPUR (CG)

DEPARTMENT OF ENGINEERING

Registered Student List

S.No.	Name of Students	Enrollment No.	Signature
1	Ruhul Amin	CV11012008898	RA
2	Naveen Banjare	CV11012100004	Naveen
3	Aakash Patre	CV11012100013	AP
4	Satyendra	CV11012100008	Satyendra
5	Ashish Lahre	CV11012100001	Ashish
6	Manish Kumar	CV11012100003	Manish
7	Durgesh	CV11012010672	Durgesh
8	Sagar Patel	CV11012009932	Sagar
9	Laxmi Kumar	CV11012100002	Laxmi
10	Arjun	CV11012008946	Arj.
11	Awantika Sharma	CV11012010286	Awantika
12	Sameer Badatya	CV11012009739	Sameer
13	Santeshwar Prasad	CV1101905487	Santeshwar
14	Mayank Singh Chouhan	CV1101905487	Mayank
15	Prithvi Raj Gouda	CV11012009142	Prithvi
16	Rahul Rai	CV11012010413	Rahul
17	Rishabh Pandey	CV11012009914	Rishabh
18	Nikita Nayak	CV11012009930	NN
19	Nivedita	CV11012009415	Nivedita
20	Nimesh Kumar Pradhan	CV11012100005	Nimesh
21	Rahul Kumar Ajgale	CV11012100006	RK
22	Vikki Jawaharprasad	CV11012100009	Vikki

M. K. S. on
Principal
Dr. C. V. Raman Institute of
Science & Technology
Kargi Road, Kota
Dist. Bilaspur (C.G.)


23	Pragya Gupta	CV1101905460	<u>Pragya</u>
24	Satyabrata Manna	CV1101905486	<u>Manna</u>
25	Vivek Dewangan	CV1101906830	<u>Dewangan</u>
26	Anurag Pandey	CV1101804208	<u>Anurag</u>
27	Manjji Sai Rahul	CV1101803060	<u>M. Rahul</u>
28	Ku. Himanshi	CV1101803203	<u>Himanshi</u>
29	Pratibha Chouhan	CV1101803692	<u>Pratibha</u>
30	Satyam Kurre	CV1101804844	<u>Satyam</u>
31	Dulesh Kashyap	CV1101500962	<u>Dulesh</u>
32	Sudam Gauda	CV11042009199	<u>Sudam</u>
33	Pawan Kumar Sahu	CV12042007867	<u>Pawan</u>
34	Sakshi Kesharwani	CV110160930	<u>Sakshi</u>
35	Purnima Kashyap	CV110160176	<u>Purnima</u>
36	Ankita Mor	CV12042009919	<u>Ankita</u>
37	Girish Singh Rajput	CV/1101803226	<u>G. Rajput</u>
38	Tadar Anang	CV/11018/04197	<u>Tadar Anang</u>
39	Narendra Singroul	CV/11018/03605	<u>Narendra</u>
40	Jitendra Kumar	CV/11018/05230	<u>Jitendra Kumar</u>
41	Sandeep Kumar	CV/150161718	<u>Sandeep</u>
42	Anuraddha Mahto	CV/15016/1093	<u>Anuraddha</u>
43	Triloki	CV/151161573	<u>Triloki</u>
44	Rishikesh Koshle	CV/15016/1681	<u>Rishi Koshle</u>
45	Rajkishan Dhirhi	CV/15016/1681	<u>Raj</u>
46	Sanjay Kumar	CV/15016/1498	<u>Sanjay</u>
47	Lal Kumar Patel	CV/15017/00243	<u>L. K. Patel</u>


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48	Ankita Koshle	CV/1501700071	<u>Ankita</u>
49	Ayush Sharma	CV/1101906833	<u>Ayush</u>
50	Harsh Jaisawal	CV/15016/1200	<u>Harsh</u>
51	Tanya Tapas Banerjee	CV/1501701063	<u>T Banerjee</u>
52	Samreen shams	CV/1501701063	<u>Samreen</u>
53	Sachin Banjare	CV/15016/0232	<u>Sachin</u>
54	Devendra Singh	CV/15014/1352	<u>Devendra</u>
55	Shashank Dixit	CV/15017/00760	<u>S Dixit</u>
56	Avinash Jaisawal	CV1106200900	<u>Avin</u>
57	Jagendra Singh	CV11062008999	<u>J Singh</u>
58	Sakshi	CV/15016/0209	<u>Sakshi</u>
59	Maya Joshi	CV/15016/1672	<u>Maya</u>
60	Neha Joshi	CV/15014/0623	<u>Neha</u>
61	M.D. Shabaz Khan	CV1501803071	<u>M.D.S Khan</u>
62	Praveen Kumar Yadav	CV1501803228	<u>PK Yadav</u>
63	Roosha Suryawanshi	CV/51014/0251	<u>Roosha</u>
64	Raj Roshan	CV1501702263	<u>Raj</u>
65	Deepak Chauhan	CV150161094	<u>Deepak</u>
66	Pushpanjali	CV1501701903	<u>Pushpa</u>
67	Navin Kumar Sahu	CV150140824	<u>NK Sahu</u>
68	Abhishek Gaurha	CV1501701918	<u>Abhishek</u>
69	Anuj Kumar Chourasiya	CV1501701055	<u>Anuj</u>
70	Siddharth Singh	CV/15016/0616	<u>S Singh</u>
71	Bhola Ram	CV/15016/1914	<u>B. Ram</u>
72	Rajveer Singh	CV1501700774	<u>Rajveer</u>

M. K. Raman
Principal
Dr.C.V.Raman Institute of
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Dist. Bilaspur(C.G.)

73	Ritik Raj	CV1501906628	R. Raj
74	Shubham Koushik	CV15017000780	Shubham
75	Mohammad Irfan	CV1501906014	md. Irfan
76	Brijesh Kumar	CV11072100007	Brijesh
77	Anita	CV1501905765	Anita
78	Suman	CV11042011045	Suman
79	Rita	CV11042009237	Rita
80	Sulochna	CV11042009740	Sulochna.
81	Anil Anant	CV110420010533	A. Anant
82	Abhishek Gupta	CV/1205/2009532	A.G.
83	Vijay Krishna Chaturvedi	CV/12052010995	Vijay
84	Akash Kumar	CV/15016/1417	Akash
85	Akbar Mohammad Khan	CV/15016/2106	A. Md Khan


Head,
Department of Engineering

Principal
Dr.C.V.Raman Institute of
Science & Technology
Kargi Road, Kota
Dist. Bilaspur(C.G.)

A
BRIEF REPORT

1. **Name of The Event/Activity:** POWER OF HAPPINESS
2. **Organized By:** DEPARTMENT OF ENGINEERING & IQAC
3. **Date:** 18 April 2022
4. **Venue :** SMART CLASS ROOM
5. **Duration in Nos.:** 01
6. **Total No. of Participants:** 76
7. **Mode of Conduction (Offline/Online):** OFFLINE
8. **Type/Nature & Level of the Event:** GUEST LECTURE
9. **Details of Resource Persons/Keynote Speakers/Experts etc.:**
Dr. Sahid Khan, Sport Officer, Choucksey Engineering College, Bilaspur, (C.G.)
10. **Session wise/stepwise/Day-wise description:** 12:00 PM to 03:00 PM

Brief Description:

The Department of Engineering has organized a one day Guest lecture on the topic "**POWER OF HAPPINESS**" This event was included guest lecture by the guest, **Dr. SAHID KHAN ,SPORT OFFICER ,CHOUCKSEY ENGINEERING COLLEGE ,BILASPUR , (C.G.)**

Dr. KHAN is started his lecture so what do I mean by happiness? By happiness I mean feeling good – enjoying life and feeling it is wonderful. And by unhappiness I mean feeling bad and wishing things were different. There are countless sources of happiness, and countless sources of pain and misery. But all our experience has in it a dimension which corresponds to how good or bad we feel. In fact most people find it easy to say how good they are feeling, and in social surveys such questions get 99% response rates – much higher than the average response rate to questions. I want to stress the point about a single dimension. Happiness is just like noise.

There are many qualities of noise, from a trombone to a caterwaul. But they can all be compared in terms of decibels. In the same way different types of pain, like toothache and tummy ache, can be compared, and so can different modes of enjoyment. Moreover, as I shall show, happiness and unhappiness are not separate dimensions; they are simply different points along a continuum. They may feel quite different, like heat and cold, but they are all part of the same phenomenon. This is what Bentham thought, but John Stuart Mill of course made a distinction.

He thought there were two dimensions of happiness, quantity and quality. However psychologists have not been able to identify a separate qualitative dimension. Mill was surely onto something, but what he should have said is that there are different causes of happiness – those that produce enduring effects on happiness and those whose effects are transient.

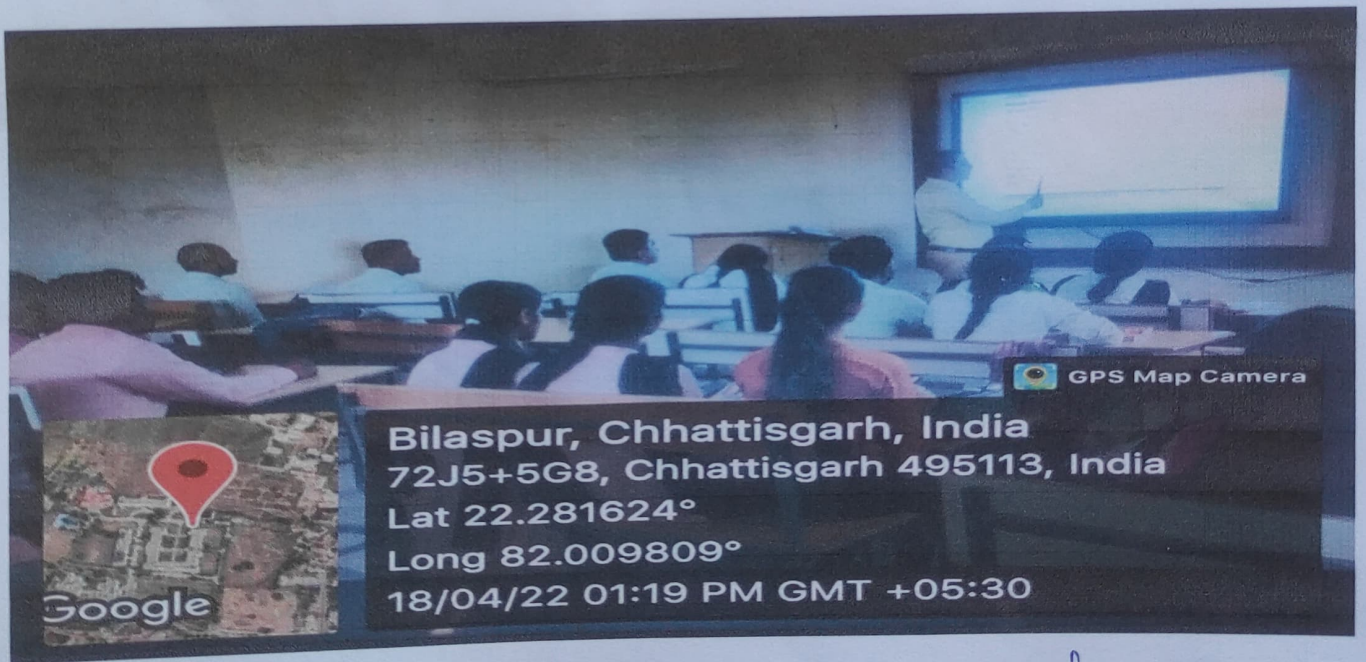
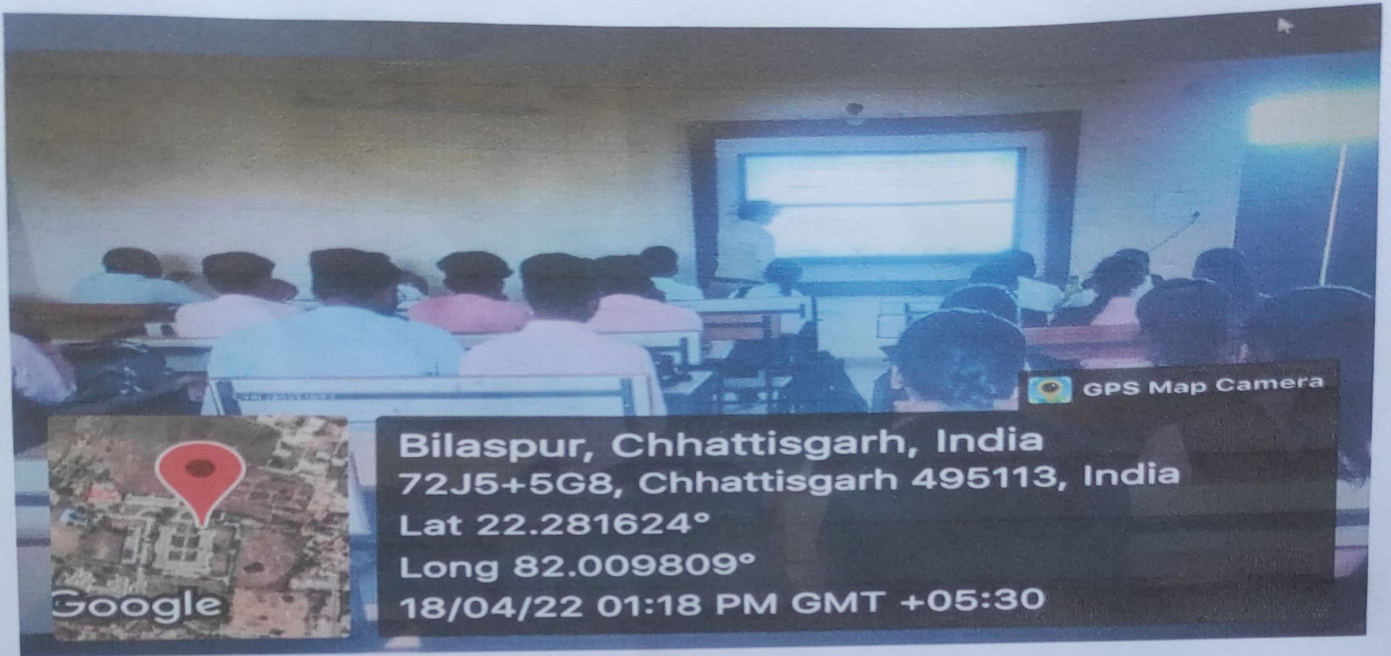
He is also discus-

1. The fluctuation of mood
2. Evidence from neuro-science
3. The desire to feel good
4. The overall social outcome
5. Trends in happiness
6. Comparing happiness across countries
7. Trends in depression and crime

M. K. Khan

Principal
Dr.C.V.Raman Institute of
Science & Technology
Kargi Road, Kota
Dist. Bilaspur(C.G.)

At last Dr.A.S.MAJUMDAR thanks all the session guest and Respected Principal Sir, H.O.D. and program ended with lots of positive energy and Happiness.



Dr. C.V. Raman
Principal

Dr. C.V. Raman Institute of Science and Technology
Kargi Road Kota Bilaspur (C.G.)

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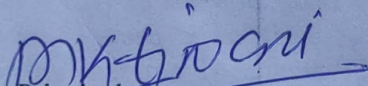
Ref. No/CVRI/ Pri./Int./231...../2022

DATE: 19.../04.../2022

Notice

This is to inform that the Department of Engineering is going to organize one day Expert Talk on "POWER OF HAPPINESS" dated on 18th April 2022 to create life skill among students and faculty members of the University. So it is requested to all the faculties and students to take keen interested for this event and participate.

Kindly this information to inform all the students, faculty and staff members of other institutions also.


Principal

Department of Engineering
Principal
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Dist. Bilaspur(C.G.)

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1. PA, Vice Chancellor, Dr. C.V. Raman University (For kind information)
2. PA, Registrar, Dr. C.V. Raman University (For kind information)
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4. All HODs/Deans, Dr. C.V. Raman University
5. Training & Placement Cell, Dr. C.V. Raman University

DR.C.V.RAMAN INSTITUTE OF SCIENCE & TECHNOLOGY

Kargi Road Kota Bilaspur (C.G.)

GUEST LECTURE -POWER OF HAPPINESS

Date of GUEST LECTURE - 18 April 2022

LIST OS STUDENTS

S.NO.	ENROLLMENT NO.	NAME	Sign.
1	CV11062100004	MANAS MISHRA	
2	CV11062100016	NIKHIL SONI	
3	CV11062100013	ANIKET SHRIVAS	
4	CV/15016/1240	ADITYA NIRMALKAR	
5	CV/1501805203	DHIRENDRA NETY	
6	CV1501805203	SHUBHAM SINGH	
7	CV11062009075	KRISHNANAND TIWARI	
8	CV1501805202	HARSH VYAS	
9	CV1501804893	RAGHVENDRA RAJPUT	
10	CV1501804843	TEKENDAR KAUSHIK	
11	CV11062010072	GOURAV PURI	
12	CV/65514/2278	ISHWAV SAHU	
13	CV/15016/0237	JAY PRAKASH	
14	CV1106010935	FANINDRA BARETH	
15	CV/11062011021	KAMAL KISHORE	
16	CV/11062008279	DEV KUMARI	
17	CV/11062010430	ABHISHEK RAI	
18	CV/11062008897	PANKAJ KUMAR YADAV	
19	CV/11062009212	STUTI BAISSWADE	
20	CV/1106200902	PRAKASH DHIRHE	
21	CV/1106200900	AANSHU YADAV	
22	CV/1105200829	ABHAY SHARMA	
23	CV1501906099	SANJAY KU. SURYAVANSHI	
24	CV/11062008013	RITESH KU. NARANGE	
25	CV/11062008013	ADITAY KUMAR	
26	CV1501906089	DEEPU SUDAN PATEL	
27	CV1501905514	MD. JAWED	
28	CV1501700800	SUMIT DEWANGAN	
29	CV1501905604	TRIBHUWAN PRAJAPATI	
30	CV1106210011	RITESH JAISWAL	
31	CV11052100003	VEDANK SINGH	
32	CV11052100006	GAURAV SONI	
33	CV11052008914	UDAY VIR SINGH BALI	
34	CV11052008208	DAYITWA KUMAR	
35	CV11052008209	AASHISH KASHYAP	

Principal
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Dist. Bilaspur(C.G.)

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Kargi Road Kota Bilaspur (C.G.)

GUEST LECTURE -POWER OF HAPPINESS

Date of GUEST LECTURE - 18 April 2022

LIST OS STUDENTS

S.NO.	ENROLLMENT NO.	NAME	Sign.
36	CV/15014/1806	NEVENDRA DEWANGAN	
37	CV/15016/1600	SATYAM TAMRAKAR	
38	CV11052100007	WOMESH KUMAR TAUNK	
39	CV11052100005	NILAMADHAV DEO	
40	CV1101905462	NILESH KUMAR KADOTI	
41	CV1101905455	VIPIN KUMAR RAY	
42	CV1101907124	MANURAJ MISHRA	
43	CV1501803524	SOURABH CHAKRABORTY	
44	CV1501702447	SUBHAM SAURABH GAREWAL	
45	CV1501700810	RISHABH PANDEY	
46	CV11012009914	NIKITA NAYAK	
47	CV11012009930	SAGAR PATEL	
48	CV11012009932	A WANTIKA SHARMA	
49	CV11012010286	ABHISHEK	
50	CV11012010829	AYUSH KAUSHIK	
51	CV11012010916	PRITHVI RAJ GOUDA	
52	CV11012009142	SAMEER BADATYA	
53	CV11012009739	RAHUL RAI	
54	CV11012010413	SHASHEEKANT	
55	CV11012100012	TILAK RAM	
56	CV11012100010	LAXMI KUMAR	
57	CV11012100002	NAVEEN BANJARE	
58	CV11012100004	AAKASH PATRE	
59	CV11012100013	SATYENDRA	
60	CV11012100008	DENIS MASIH	
61	CV11012100015	ASHISH LAHRE	
62	CV11012100001	DEVESH SINGH	
63	CV12032009777	ANUKRETI DUBEY	
64	CV12032009610	SHEELU PATRE	
65	CV12032008161	SHREYA YADAV	
66	CV12032010985	SAKSHI	
67	CV/15016/0209	MAYA JOSHI	
68	CV/15016/1672	NEHA JOSHI	
69	CV/15014/0623	SHRUTI KOKASH	

Principal
Dr.C.V.Raman Institute of
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Dist. Bilaspur(C.G.)

DR.C.V.RAMAN INSTITUTE OF SCIENCE & TECHNOLOGY

Kargi Road Kota Bilaspur (C.G.)

GUEST LECTURE -POWER OF HAPPINESS

Date of GUEST LECTURE - 18 April 2022

LIST OS STUDENTS

S.NO.	ENROLLMENT NO.	NAME	Sign.
70	CV1501700755	RAM PRATAP CHOUHAN	<i>Ram</i>
71	CV/15016/0206	CHANDRAMOHAN	<i>Chandra</i>
72	CV1101905964	VIKARAM	<i>Vikram</i>
73	CV1101905964	M.D. SHAHBAZ KHAN	<i>MD</i>
74	CV1501803071	PRAVEEN KUMAR YADAV	<i>P. Yadav</i>
75	CV1501803228	ROOSHA SURYAWANSHI	<i>R. Suryawanshi</i>
76	CV/51014/0251	RAJ ROSHAN	<i>R. Roshan</i>

Dr. C. V. Raman

Principal
Dr.C.V.Raman Institute of
Science & Technology
Kargi Road, Kota
Dist. Bilaspur(C.G)

A BRIEF REPORT

- 1) **Name of The Event/Activity:** SCIENCE OF YOGA AND STRESS MANAGEMENT
- 2) **Organized By:** DEPARTMENT OF ENGINEERING & IQAC
- 3) **Date:** 13 DECEMBER 2021
- 4) **Venue:** SMART CLASS ROOM(EF-09)
- 5) **Duration in Nos.:** 01 DAY
- 6) **Total No. of Participants:** 82
- 7) **Mode of Conduction (Offline/Online):** OFFLINE
- 8) **Type/Nature & Level of the Event:** GUEST LECTURE
- 9) **Details of Resource Persons/Keynote Speakers/Experts etc**
MR. MOHAMMAD AZHARUDDIN, PTI, BRILLIANT PUBLIC SCHOOL, BILASPUR ,
CHHATTISGARH
- 10) **Session-wise/Stepwise/Day-wise description:** 1:00 PM to 4:00 PM

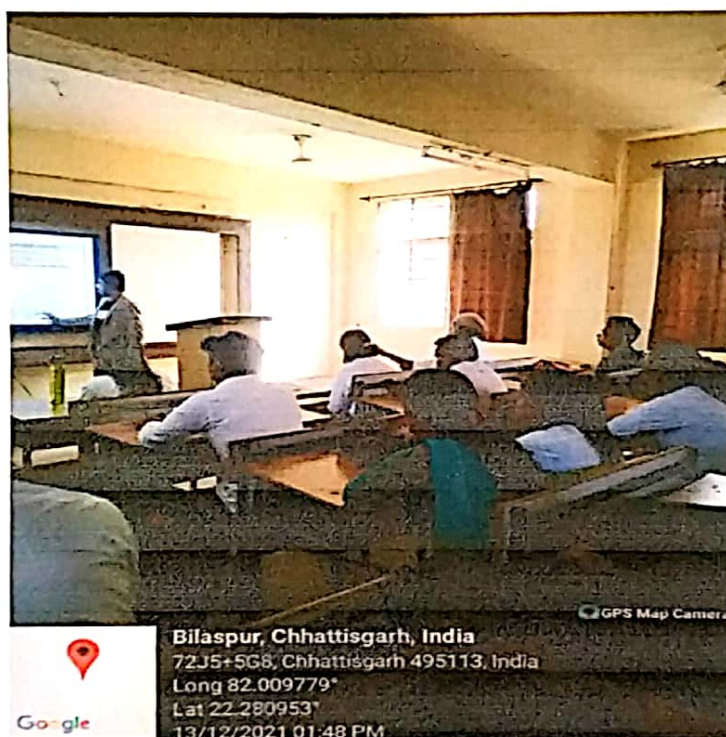
Brief Description

The Department of Engineering had organized Guest Lecture on the very interesting area which was "Science of Yoga and Stress Management". The programme started with the welcome address by Dr. Rohit Miri, the Guest for the event had been Mr. Mohammad Azharuddin, PTI, Brilliant Public School, Bilaspur, Chhattisgarh.

The Resource person Mr. Azharuddin, gave a power point presentation on the history, scientific basis of yoga, its numerous health benefits, fitness as well as stress management to the staff and students of college. He demonstrated through animations and body exercises how yoga can be an instant relief from stress, and cure for many diseases. In which he introduced about the different lifestyle disorders, causes and their treatment through yoga therapy. He also explained about the

application of Yogic principles with the objective of achieving a particular spiritual, psychological, or physiological goal. Students participated with full enthusiasm and learned all these techniques.

Throughout the session, the students and the faculty associated with great enthusiasm and they also asked him a lot of questions. At the end of the session Mrs. Yukti Kesharwani, Assistant Professor, Department of Computer Science and Engineering presented a small token of appreciation to our valuable guest to Mr. Mohammad Azharuddin. The event had been concluded by vote of thanks which had been given by the Dr. Rohit Miri, Branch Head, Department of Compute Science and Engineering, Dr. C.V. Raman University, Bilaspur (C.G.).



Lecture attended by students

Yukti Kesharwani
Head,
Department of Engineering
Principal
Dr.C.V.Raman Institute of
Science & Technology
Kargi Road,Kota
Dist. Bilaspur(C.G.)



**DR. C.V. RAMAN INSTITUTE OF
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DEPARTMENT OF ENGINEERING

Website: www.cvru.ac.in, Email : info@cvru.ac.in

Ref.No./CVRI/Pri./Int./216...../2021

DATE: 09/12/2021

Notice

This is to notify that Department of Engineering is going to organize Guest lecture on “Science of Yoga and Stress Management” dated on 13th December, 2021. Lecture will be delivered by Mr. Mohammad Azharuddin, PTI, Brilliant Public School to create awareness among students and faculty members. Therefore it will be mandatory for all to attend the lecture.

Head,

Department of Engineering

Principal
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Dist. Bilaspur(C.G.)

Copy To:

1. PA, Vice Chancellor, Dr. C.V. Raman University (For kind information)
2. PA, Registrar, Dr. C.V.Raman University(For kind information)
3. IQAC, Dr.C.V. Raman University
4. All HODs/Deans, Dr.C.V. Raman University
5. Training & Placement Cell, Dr. C.V. Raman University



One Day Guest Lecture on
**SCIENCE OF YOGA AND
STRESS MANAGEMENT**

Date : 13 DEC. 2021

Time : 1:00 PM to 4:00 PM

Venue : SMART CLASS ROOM(EF-09)

Keynote Speakers

MR. MOHAMMAD AZHARUDDIN

PTI, BRILLIANT PUBLIC SCHOOL,
BILASPUR (C.G.)



ORGANIZED BY : DEPARTMENT OF ENGINEERING & IQAC

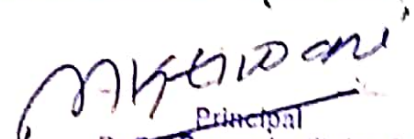
DR. C.V. RAMAN UNIVERSITY

Kargi Road, Kota, Dist- Bilaspur (C.G.)

DR. C. V. RAMAN UNIVERSITY, KOTA, BILASPUR (CG)

DEPARTMENT OF ENGINEERING Registered Student List

S.No.	Name of Students	Enrollment No.	Signature
1	Naveen Banjare	CV11012100004	Naveen
2	Awantika Sharma	CV11012010286	Awantika
3	Aakash Patre	CV11012100013	Aakash
4	Satyendra	CV11012100008	Satyendra
5	Ashish Lahre	CV11012100001	Ashish
6	Manish Kumar	CV11012100003	Manishk
7	Nimesh Kumar Pradhan	CV11012100005	Nimesh
8	Rahul Kumar Ajgale	CV11012100006	Rahul
9	Vikki Jawaharprasad	CV11012100009	Vikki
10	Arjun	CV11012008946	Arjun
11	Akash Kumar	CV/15016/1417	Akash
12	Durgesh	CV11012010672	Durgesh..
13	Nikita Nayak	CV11012009930	NN
14	Nivedita	CV11012009415	Nivedita
15	Prithvi Raj Gouda	CV11012009142	Prithvi
16	Rahul Rai	CV11012010413	Rahul
17	Rishabh Pandey	CV11012009914	Rishabh
18	Ruhul Amin	CV11012008898	RA
19	Sagar Patel	CV11012009932	Sagar
20	Sameer Badatya	CV11012009739	Sameer
21	Santeshwar Prasad	CV1101905487	Prasad
22	Mayank Singh Chouhan	CV1101905487	MSChouhan


Principal
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Science & Technology
Kargi Road, Kota
Dist. Bilaspur (C.G.)

23	Pragya Gupta	CV1101905460	<u>Pragya</u>
24	Satyabrata Manna	CV1101905486	<u>Manna</u>
25	Vivek Dewangan	CV1101906830	<u>Dewangan</u>
26	Anurag Pandey	CV1101804208	<u>Anurag</u>
27	Manjji Sai Rahul	CV1101803060	<u>M Rahul</u>
28	Ku. Himanshi	CV1101803203	<u>Himanshi</u>
29	Pratibha Chouhan	CV1101803692	<u>Pchouhan</u>
30	Satyam Kurre	CV1101804844	<u>Satyam</u>
31	Dulesh Kashyap	CV1101500962	<u>Dulesh</u>
32	Sumona Chatterjee	CV12012008950	<u>SC</u>
33	Vikas Gaikwad	CV12012009026	<u>Vikas...</u>
34	Neeraj Kumar	CV12012009543	<u>Neeraj</u>
35	William John	CV/11016/0189	<u>WJ</u>
36	Nidhi Dewan	CV12012009933	<u>NDewan</u>
37	Girish Singh Rajput	CV/1101803226	<u>GSRajput</u>
38	Tadar Anang	CV/11018/04197	<u>Tadar Anang</u>
39	Narendra Singroul	CV/11018/03605	<u>Narendra</u>
40	Jitendra Kumar	CV/11018/05230	<u>Jitendrakumar</u>
41	Sandeep Kumar	CV/150161718	<u>Sandeep</u>
42	Anuraddha Mahto	CV/15016/1093	<u>Anuraddha</u>
43	Triloki	CV/151161573	<u>Triloki</u>
44	Rishikesh Koshle	CV/15016/1681	<u>Rishikoshle</u>
45	Rajkishan Dhirhi	CV/15016/1681	<u>Raj</u>
46	Sanjay Kumar	CV/15016/1498	<u>Sanjay</u>
47	Lal Kumar Patel	CV/15017/00243	<u>L.K. Patel</u>

48	Ankita Koshle	CV/1501700071	Ankita
49	Ayush Sharma	CV/1101906833	Ayush
50	Harsh Jaisawal	CV/15016/1200	Harsh
51	Tanya Tapas Banerjee	CV/1501701063	Tanya Banerjee
52	Samreen shams	CV/1501701063	Samreen
53	Sachin Banjare	CV/15016/0232	Sachin
54	Devendra Slngl	CV/15014/1352	Devendra
55	Shashank Dixit	CV/15017/00760	Shashank
56	Avinash Jaisawal	CV1106200900	Avinash
57	Jagendra Singh	CV11062008999	Jagendra
58	Sakshi	CV/15016/0209	Sakshi
59	Maya Joshi	CV/15016/1672	Maya
60	Neha Joshi	CV/15014/0623	Neha
61	M.D. Shabaz Khan	CV1501803071	M.D.S Khan
62	Praveen Kumar Yadav	CV1501803228	Praveen
63	Roosha Suryawanshi	CV/51014/0251	Roosha
64	Raj Roshan	CV1501702263	Raj
65	Deepak Chauhan	CV150161094	Deepak
66	Pushpanjali	CV1501701903	Pushpa
67	Navin Kumar Sahu	CV150140824	N.K. Sahu
68	Abhishek Gaurha	CV1501701918	Abhishek
69	Anuj Kumar Chourasiya	CV1501701055	Anuj
70	Siddharth Singh	CV/15016/0616	Siddharth
71	Bhola Ram	CV/15016/1914	B. Ram
72	Rajveer Singh	CV1501700774	Rajveer

73	Ritik Raj	CV1501906628	<u>R.Raj</u>
74	Shubham Koushik	CV15017000780	<u>Shubham</u>
75	Mohammad Irfan	CV1501906014	<u>mdirfan</u>
76	Brijesh Kumar	CV11072100007	<u>Brijesh</u>
77	Anita	CV1501905765	<u>Anita.</u>
78	Suman	CV11042011045	<u>Suman</u>
79	Rita	CV11042009237	<u>Rita</u>
80	Sulochna	CV11042009740	<u>Sulochna.</u>
81	Anil Anant	CV110420010533	<u>A. Anant.</u>
82	Abhishek Gupta	CV/1205/2009532	<u>A.C.</u>


 Head,
 Department of Engineering
 Principal
 Dr.C.V.Raman Institute of
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 Kargi Road, Kota
 Dist. Bilaspur(C.G.)

A BRIEF REPORT

ON

1) **Name of The Event/Activity:** Expert Talk On "Maintain Personal Hygiene: Why it is Important"

2) **Organized By:** Department of Engineering & Technology & IQAC

3) **Date:** 30/11/2021

4) **Venue:** DF-05

5) **Collaboration/Association (If Any):**

6) **Sponsored Body (if Any):** Nil

7) **Duration in Nos.:** 1

8) **Total No. of Participants:** 75

9) **Mode of Conduction (Offline/Online):** Offline

10) **Type/Nature & Level of the Event:** Seminar

11) **Details of Resource Persons/Keynote Speakers/Experts etc.:** Dr. Dushyant Kumar Lahre, Shivansh Clininc, Uslapur, Bilaspur.

12) **Session-wise/stepwise/Day-wise description:** 12:00 PM to 02:00 PM

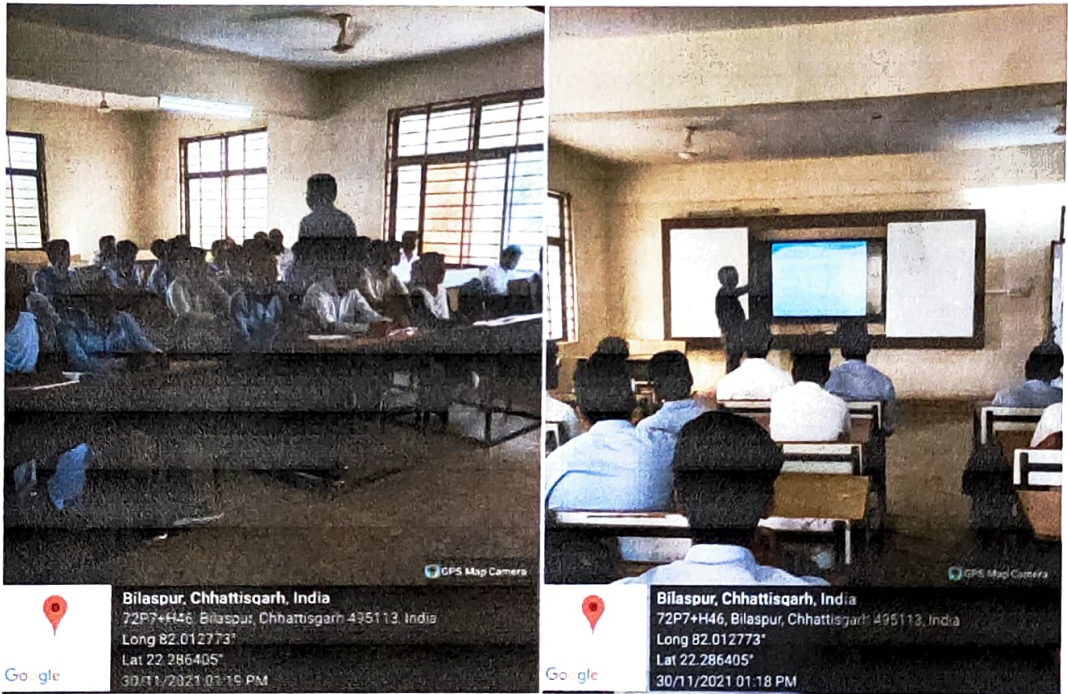
Brief Description:

Personal hygiene is very important in life. It covers all aspect depends on culture or any way of life. It could be personal reason, social, psychological, or just the way of maintaining healthy lifestyle. For personal reason, it could boast self esteem, feeling good about self or as a way of making the self more attractive to others. **Dr. Dushyant Kumar Lahre**, Shivansh Clininc, Bilaspur gave an expert talk among our students regarding the personal hygiene means having good practices of taking a shower or wash on the whole body, brushing teeth, combing hair, cleaning the ears, eyes, nose, nails and wearing comfortable and clean clothes, knickers, socks and shoes. Good hygiene protects you from illness and diseases, and it affects the way you feel about yourself and other people about

you.

Personal hygiene can play a very important role in personality development. It is very significant for the person who wishes to be successful in his personal and social life. Personal hygiene helps to keep our minds free from worries of other persons' germs, diseases etc., thereby making us happy and contented. Dr. M. K. Tiwari also suggested students to if we keep ourselves clean and tidy, we can gain respect in the eyes of society and others will be pleased to meet us.

Archives: (Brochure/Photographs/Snapshots/Glimpses/Screenshots/)Sample copy of Certificates Issued (if any) & Notice/Circular issued: Copy of the Press Release/Media Coverage.





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KARGI-ROAD, KOTA, BILASPUR (C.G.)
Phone : 07753 – 253736, 253737, Fax : 07753 – 253728,
Website: www.cvrurc.in, Email: cvruraipur@yahoo.co.in

Ref. No./CVRI/Pri./Int./213/2022

Date: - 27/11/2021

Notice

It is to inform you that the Department of Engineering (Mechanical Branch) is going to conduct Expert Talk On "**Maintain Personal Hygiene: Why it is Important**" on 30/11/2021.

We request you all the staff and students of our department to attend the expert talk. Your presences are compulsory.

Thanking you!


Principal

Department of Engineering
Dr.C.V.Raman Institute of
Science & Technology
Kargi Road,Kota
Dist. Bilaspur(C.G.)

Copy to:-

- PA to Honorable Vice Chancellor/ Pro VC for kind information
- PA to Respected Registrar for kind information
- Deputy Registrars (Admin, Academic, Examination, Confidential)
- Coordinator IQAC/ Coordinator Research/ Director Skill and Admission Cell
- Librarian/ PRO/ Radio Raman/ TPO
- Notice Board

Participants List of Expert Talk On "Maintain Personal Hygiene: Why it is Important"

S.No.	Name of Participant	Enrollment No.	Signature
1	KRISHNA MAHTO	CV11052100001	Krishi
2	PRASHANT NIRMALKAR	CV11052100002	Prashant
3	ROHAN KUMAR SAHU	CV11052100004	Rohan
4	OM THAKUR	CV11052100008	Om
5	RITESH JAISWAL	CV11052100003	Ritesh
6	VEDANK SINGH	CV11052100006	Vedank
7	GAURAV SONI	CV11052008914	G. Soni
8	UDAY VIR SINGH BALI	CV11052008208	Uday
9	DAYITWA KUMAR	CV11052008209	Dayitwa
10	AASHISH KASHYAP	CV/15014/1806	Aashish
11	NEVENDRA DI WANGAN	CV/15016/1600	N. Dew
12	SATYAM TAMRAKAR	CV11052100007	Satya
13	WOMESH KUMAR TAUNK	CV11052100005	womesh.kc.
14	NILAMADHAV DEO	CV1101905462	Nil Deo
15	NILESH KUMAR KADOTI	CV1101905455	Nilesh
16	VIPIN KUMAR RAY	CV1101907124	V. Kumar
17	MANURAJ MISHRA	CV1501803524	Manu
18	SOURABH CHAKRABORTY	CV1501702447	Sourabh
19	SUBHAM SAURABH GAREWAL	CV1501700810	Subham
20	LEELADHAR VISHWAKARMA	CV11052009826	Leeladhar
21	RAHUL KUMAR SHRIVASTAVA	CV1501701889	Rahul K.
22	RAJ KUMAR BARETH	CV1501700710	Raj K.
23	HARVINDERJEET SINGH	CV11052010043	Harvinder
24	VIVEK KUMAR SHARMA	CV/15016/1641	V. K. Sharma
25	SAVAK SHARMA	CV1501701889	S. Sharma
26	ABHINAV KUMAR MISHRA	CV11052010230	A.K.M.
27	JASIM AHMAD	CV1101804206	Jasim
28	AAKASH KUMAR	CV/15016/1417	Aakash
29	ABHAY SINGH	CV/15016/0217	Abhay
30	AKBAR MOHAMMED KHAN	CV/15016/2106	A. Mohammed
31	AMIT KUMAR SINGH	CV1101906716	Amit
32	ANAND PRATAP JAISWAL	CV/15016/1582	Anand
33	AWANISH KUMAR RAI	CV/15016/0917	Awanish
34	MANISH KUMAR VASTRAKAR	CV/15014/0580	Manish
35	SAMARTH SHOURYA SHRIVASTAVA	CV/15116/1564	Samarth
36	TUFAIL AHMAD	CV/15116/0227	Tufail
37	MANISH KUMAR	CV1101907089	Manish
38	SURAJ KUMAR	CV12052100002	Suraj
39	TILESH KUMAR SIDAR	CV12052100001	Tillesh
40	YOGESH DEWANGAN	CV/11015/1441	Yogesh
41	ABHISHEK GUPTA	CV/12052009532	Abhishek
42	VIJAY KRISHINA CHATURVEDI	CV/12052010995	Vijay
43	ISHWAV SAHU	CV/15016/0237	I. Sahu
44	JAY PRAKASH	CV1106010935	Jay
45	Fanendra Bareth	CV/11062011021	Fanendra
46	KAMAL KISHORE	CV/11062008279	Kamal
47	Dev Kumari	CV/11062010430	Dev

48	Abhishek Rai	CV/11062008897	Abhishek
49	Pankaj Kumar Yadav	CV/11062009212	Pankaj
50	Stuti Baiswade	CV/1106200902	Stuti
51	Prakash Dhirhe	CV/1106200900	P.D
52	Aanshu Yadav	CV/1105200829	.
53	Abhay Sharma	CV1501906099	381
54	Sanjay Ku. Suryavanshi	CV/11062008013	382
55	Aditay Kumar	CV1501906089	Aditay
56	Deepu Sudan patel	CV1501905514	Deepu sudan
57	Md. Jawed	CV1501700800	Md. Jawed
58	Sumit Dewangan	CV1501905604	Sumit
59	Tribhuwan Prajapati	CV1106210011	Tri
60	M.Sai.Rahul	CV1101803060	M.Sai R.
61	Himanshi Tandy	CV1101803203	Himanshi
62	Pratibha Chouhan	CV1101803692	Pratibha
63	Anurag Pandey	CV1101804208	Anurag
64	Satyam Kurre	CV1101804844	
65	Ashutosh Shrivastava	CV/15015/0506	Ashutosh
66	Abhishek Kashyap	CV/15015/1313	Abhishek
67	Satyam Kurre	CV1101804844	Satyam
68	Anjali Ratre	CV1101905449	Anjali
69	Pragya Gupta	CV1101905460	Pragya
70	Satyabrata Manna	CV1101905486	Manna
71	Vivek Dewangan	CV1101906830	Vivek Dewangan
72	Santeshwar Patel	CV150161236	Patel
73	Vishal Dewangan	CV150161237	V.D.
74	Nitin Gupta	CV1501702721	Nitin
75	Rishika Singh	CV1501701905	Rishika
76	G. Sai Kartik	CV1501701909	G.S.K.
77	Shubham Bhaskar	CV1501701910	Shubham
78	Arjun	CV11012008946	Arjun
79	Nivedita	CV11012009415	Nivedita
80	Rishabh Pandey	CV11012009914	Rishabh

Dr. K. V. Raman

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DR. C.V.RAMAN UNIVERSITY, KOTA, BILASPUR (C.G.)
DEPARTMENT OF EDUCATION

(Guest Lecture on Need of mental hygiene & cyber crimes)

Name of the program: **Guest Lecture on Need of mental Hygiene & cybercrime)**

Organized by:Department of Education,Dr.C.V.Raman,University,Kota,Bilaspur

Date: 18thSeptember, 2021

Vritual Mode- Google Meet

Timings-11.30 am to 12.30pm

Numbers of Participants: 98

Resource Person:Dr. Sonali Chhanawar Principal,MahtamaGanddhicollege,Raipur (C.G.).

Mobile No :- 9827186008



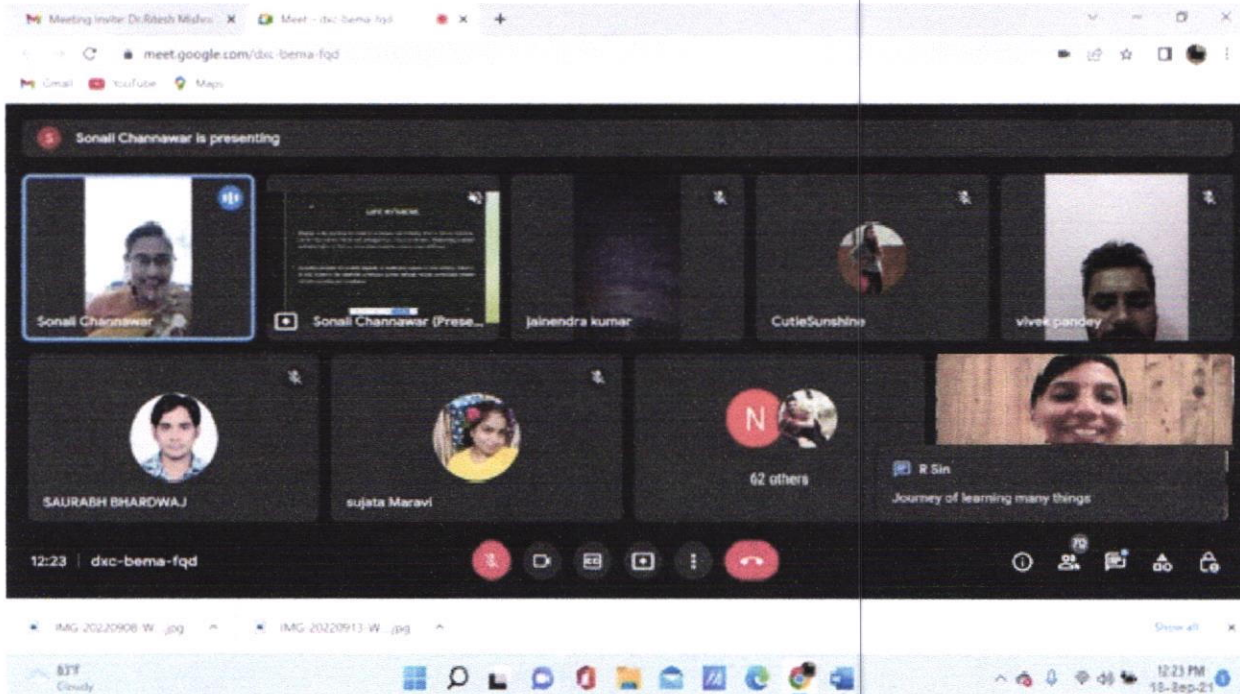
REPORT

Department of Education,Dr. C.V.Raman University, organized a Guest Lecture on "Guest Lecture onNeed of mental Hygiene &cyber crimeon 10th September; 2021.The program was inaugurated byDr.Jayshankar Yadav,Dean Faculty of Educationof Dr. C.V.Raman University, Bilaspur (C.G.).

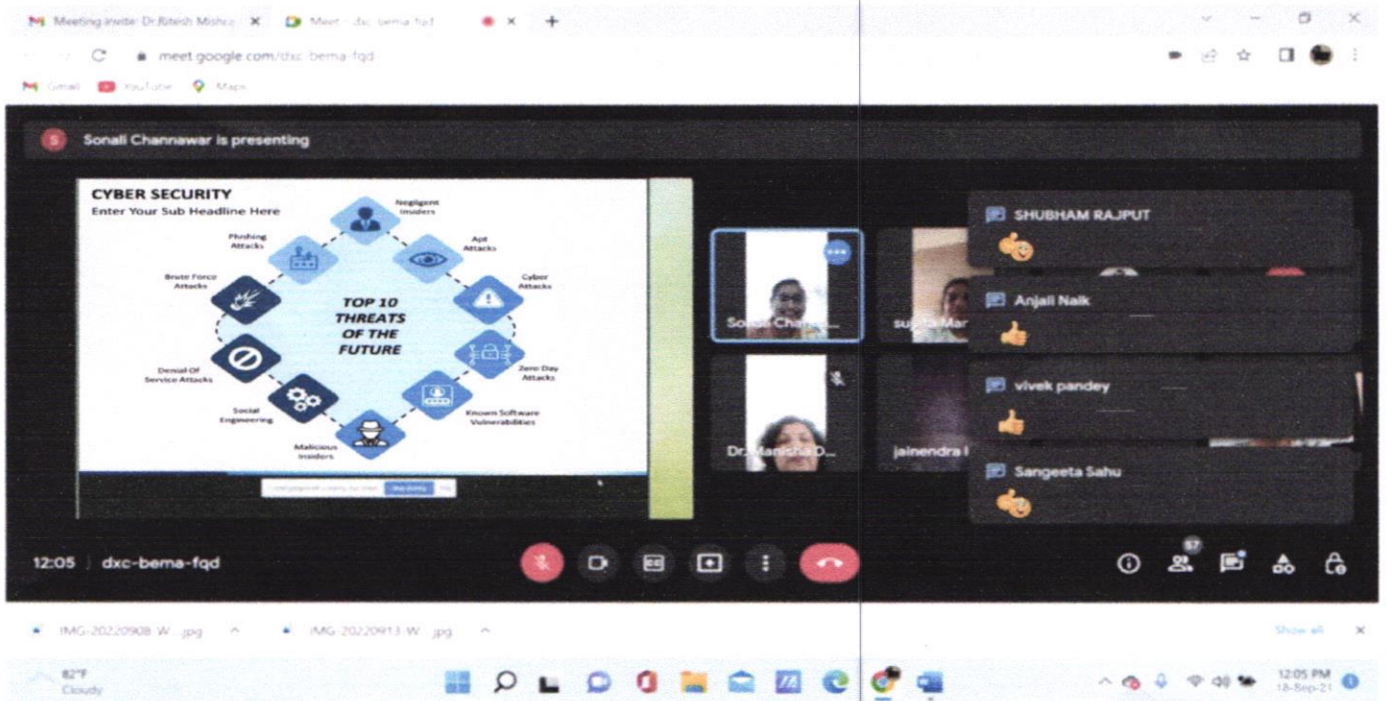
The guest lecture gathered eminent speaker: Dr Sonali chhanawar., Principal,MahatmaGandhi college,Raipur (C.G.). The lecture was attended by 98B.Ed.andM.Edstudents and faculty members.The guest speaker was heartily welcomed by, Dr.Ritesh Mishra,in charge of this awareness program,Dr. C.V.Raman University, Bilaspur (C.G.).

The session was very interactive and students participated enthusiastically.Dr Sonali chhanawar., acknowledgedthecrowd about Online Safety and role of mental hygiene, Her talk geared on various facets of Cyber Stalking, Extortion, online Crimes and .Students

shared their experiences on the issue. The talk ended with young minds with an urge for Privacy and Security in Mobiles and Cyber World and take precautions to safe guard against online crimes. The lecture aimed at educating the student- teachers about the importance meaning and scope of communication, thereby providing them a wider perspective about using various advanced methods and technological tools in order to reach out to their students effectively ,lecture was finally become an interactive discussion platform. As per the feedback received by the students, it was remarkable experience; the lecture helped them in their understanding towards Need of mental Hygiene & cyber crime. The vote of thanks was given by Dr. Ritesh Mishra, in-charge of Awareness program.



Resource Person Dr Sonali Chhanawarher Lecture during the program "Guest Lecture on Need of mental Hygiene & cyber crime.



Resource Person Dr Sonali Chhanawarher Lecture during the program "Guest Lecture on Need of mental Hygiene &cyber crime. On PPT Presentation of Cyber Security.

List of Participants:


Participant List

Online Guest Lecture on Need of Mental hygiene & Crimes

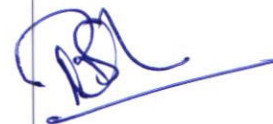
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HOD
 Deptt. of Education
 Dr. C.V. Raman University

S.No	Name of Participant	Remark
1	AACHAL KHANDAY	
2	AADARSH TIWARI	
3	ABHINAV KAUSHIK	
4	ABHIROOP PANDEY	
5	ADITI AGRAWAL	
6	AJAY KUMAR	
7	AJAY SINGH	
8	AJAY YADAV	
9	ALKA GOBHIL	
10	ALOK LAKRA	
11	ALOKITA DUBEY	
12	ANKIT KUMAR MINJ	
13	ANNAPURNA YADAV	

- 14 ANUPAMA TIRKEY
- 15 ARUNIMA PANDEY
- 16 ASHUTOSH JAISWAL
- 17 BHAVNA DUBEY
- 18 BHAVNA PORTE
- 19 BHAWNA JAISWAL
- 20 BHUPENDRA PATEL
- 21 C P CHETNA SINGH THAKUR
- 22 CHANDRA PRAKAS
- 23 DEEPAK KUMAR
- 24 DEEPSHRI TIWARI
- 25 DIKSHA RATHIA
- 26 DIVYA SAHU
- 27 DIVYA SONI
- 28 ESHWARI PORTE
- 29 GARIMA AGRAWAL
- 30 KALPANA SHARMA
- 31 KARISHMA
- 32 KAUSHAL PRASAD BANDHE
- 33 KRITY WARE
- 34 LAXMIRANI SAHU
- 35 MADHULIKA
- 36 MANDAKINEE
- 37 MANISHA EKKA
- 38 MAYAVATI
- 39 MRS. PREETI KURRAM
- 40 NAVEEN PANDEY
- 41 NAVIN KUMAR DEWANGAN
- 42 NEHA SINGH
- 43 NIKETA VISHWAKARMA
- 44 NIKITA KASHYAP
- 45 NIRBHA
- 46 NITIN SINGH
- 47 OM PRAKASH CHANDRAKAR
- 48 OMKAR
- 49 PARUL AGRAHARI

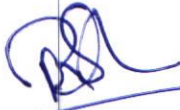

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Dept. of Education
Dr. C.V. Raman University

- 50 POOJA
51 POOJA CHANDRASEN
52 POORNIMA
53 PRAGATI SAHU
54 PRAMILA NETAM
55 PRATIBHA
56 PREETI TIRKEY
57 PRITIZINTA GOCHHAYAT
58 PRIYANKA
59 PRIYANKA KUJUR
60 PUSHPA
61 RAGHUMANI SINGH PAIKRA
62 RAGINEE KAUSHIK
63 RAJANI
64 RAJESHWARI JANGDE
65 RAJNI BANJARE
66 RANU GUPTA
67 REENKA
68 RITESH SHUKLA
69 RITU KAUSHIK
70 RIYA FELICITA TIRKEY
71 SANDHYA VERMA
72 SATANAND ARVIND
73 SATRUPA SAHU
74 SAVITA SIDAR
75 SHALINI MISHRA
76 SHEETAL RAJPUT
77 SHRADDHA KORI
78 SHRADDHA UIKE
79 SHRIKANT PATEL
80 SHUBHANGEE SAHU
81 SIMAL KUMAR
82 SIMON PRAKASH TIRKEY
83 SMRITI TIRKEY
84 SRISHTI UIKE
85 SULOCHANA EKKA



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- 86 SUPARNA PANDEY
87 SURYA PRAKASH SAHU
88 SUSHMA PORTE
89 SWAPNA SUBHEDAR
90 TARUN BHONSLE
91 TARUN SINGH RATHORE
92 TIKI PRADHAN
93 UMA
94 UMA
95 UMASHANKAR SHAU
96 VANDANA RAJPUT
97 VICKY JAISWAL
98 VIDYA KASHYAP


HOD
Deptt. of Education
Dr. C.V. Raman University



Guest Lecture (Virtual)
on
**NEED OF MENTAL
HYGIENE &
CYBER CRIME**

Date : 18 Sep 2021
Time : 11.30 AM TO 12.30 PM



Resource Person
Dr. Sonali Chhanawar

Organized By: Department of Education & IQAC

Dr. C.V. RAMAN UNIVERSITY

Kargi road, Kota, Bilaspur, (C.G.)



DEPARTMENT OF EDUCATION

Dr. C.V.Raman University Kargi Road, Kota Dist. - Bilaspur (C.G.)

Ph: 07753-202587, 9981503045, Fax: 07753-253728

Email: cvruraipur@yahoo.co.in, Website: www.cvrु.ac.in

Ref. No. **351** /CVRU/Education Deptt./2021.

Kota, Bilaspur, Date: - **15/09/2021**

Notice

It is here by inform to all faculty member & students of Education Department that Department of Education is going to organize Online Guest Lecture on **Need of Mental Hygiene & Cyber Crimes**. The programme will be held on Date **18/09/2021** at virtual mode Online platform, Google meet. All the students and faculty members are requested to be present there.

Time - 11:30 AM To 12:30 PM

Venue- Online platform, Google meet

HOD
HOD
Dept. of Education
Dr. C.V. Raman University

Dr. C. V. Raman University, Kargi Road Kota, Bilaspur (C.G.), Ph. : 07753-202587, 253737

Fax : 07753-253728 , E-mail: cvruraipur@yahoo.co.in , website: www.cvrु.ac.in



A BRIEF REPORT ON INTERACTIVE SESSION ON “AGILITY FITNESS”

- 1) Name of the Event/Activity: “AGILITY FITNESS”
- 2) Organized By: Department of Physics and IQAC in association with IAPT, RC-10.
- 3) Date: **13.09.2021**
- 4) Venue: Kargi, Road Kota, Bilaspur
- 5) Collaboration/Association: IAPT RC-10
- 6) Sponsored Body (if Any): NA
- 7) Duration in Nos.: One Day
- 8) Total No. of Participants: 69
- 9) Mode of Conduction: Online
- 10) Type/Nature & Level of the Event: Lecture
- 11) Brief Description:

Prog.Date: 13.09.2021

Report Date: 15.09.2021

An Informative Session on recent topic entitled “Agility Fitness” had been organized by the Department of Physics and IQAC of Dr. C.V. Raman University, Bilaspur in association with IAPT, RC-10 with August gathering.

The resource person is **Dr Ajay Yadav** Sports Office, D. P. Vipra College Bilaspur.

Now in present scenario Agility is “a rapid whole body movement with change of velocity or direction in response to a stimulus”.

The terms ‘agility’ and ‘change of direction speed’ are often used interchangeably, recent knowledge has distinctively separated the two. He put simply, agility involves reactive abilities in unpredictable environments, whilst change of direction speed focuses purely on physical ability and is typically performed in pre-planned environments. This infers that traditional agility tests (e.g. t-test and pro-agility) are not actually capable of measuring agility, and thus should be referred to as change of direction speed tests. Recent research has

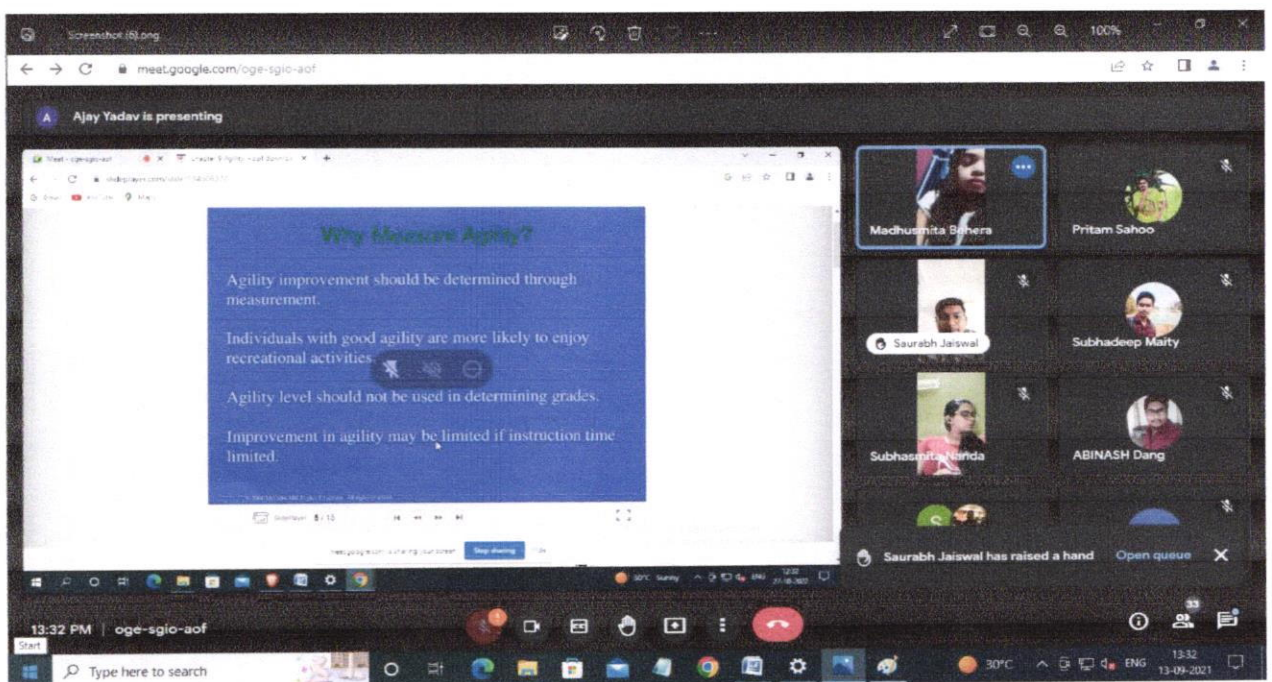


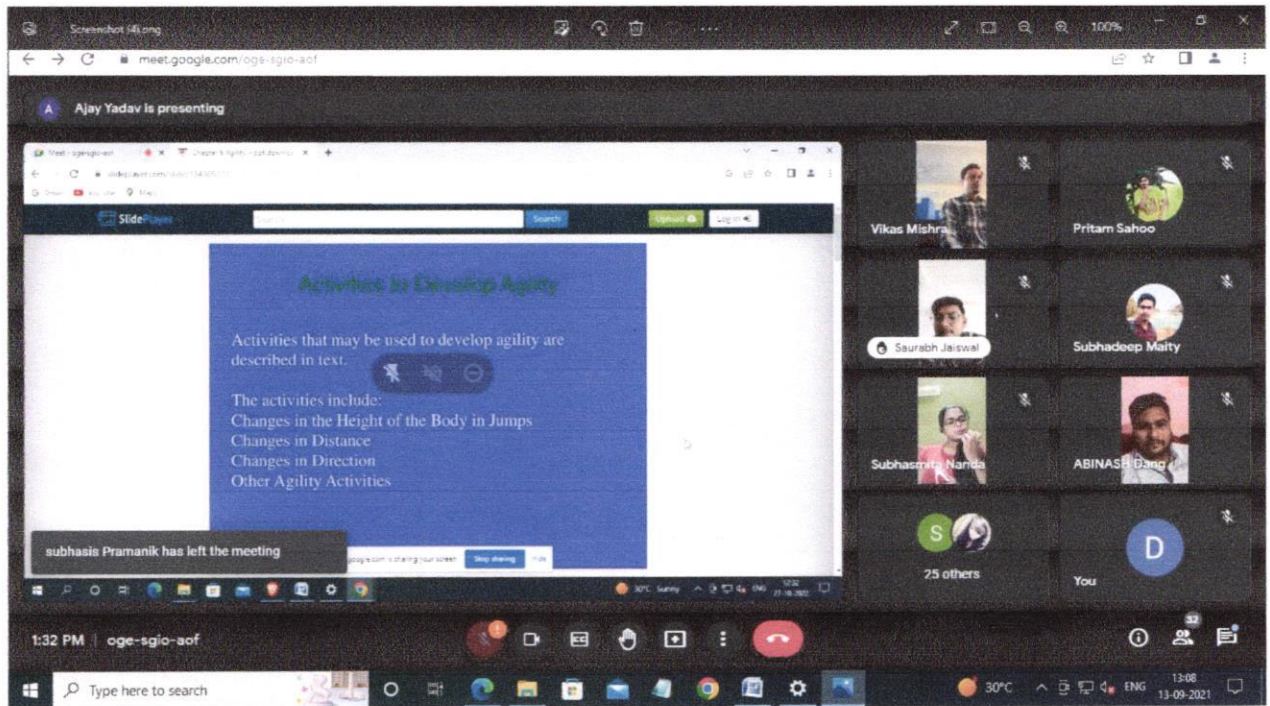
shown that higher-level athletes perform better on agility tests than lower-level athletes, but the same does not apply to change of direction speed tests.

Hon'ble Vice-Chancellor Dr. R. P. Dubey expressed their view on fitness and shared also the Yoga and Fitness. Dr. A.K. Shrivastava shared his view and suggested about connectivity of Physical Fitness on the world.

Dr. Rashmi Verma, Dr. Lata Sharma, Mr. Ashutosh Pandey, Mr. Vikas Mishra, Mr. Umakant Shrivastava, Mr. D.V.K. Narasingham, Mr. Sushil Kumar Sharma, Mr. Nitesh Kumar and Mr. Rajesh Kumar were present all along during the session.

At last Mr. Vikas Mishra gave with vote of thanks.





Dr Ajay Yadav Expressed his lecture in form of PPT


Professor & Head
Department of Physics
Dr. C.V. Raman University
Kota, Bilaspur (C.G.)
INDIA



The list of the total student attendees is given below:


S/No.	Name of Students	Programme	Semester
1	Jyoti	M.Sc Physics	M.Sc IV
2	Kabita Bhoi	M.Sc Physics	M.Sc IV
3	Kartik Ram	M.Sc Physics	M.Sc IV
4	Keshinee Govil	M.Sc Physics	M.Sc IV
5	Madhusmita Mohanty	M.Sc Physics	M.Sc IV
6	Malti	M.Sc Physics	M.Sc IV
7	Manorama Kashyap	M.Sc Physics	M.Sc IV
8	Mohanish Pratap Rajput	M.Sc Physics	M.Sc IV
9	Nikita Rout	M.Sc Physics	M.Sc IV
10	Partha Ghosh	M.Sc Physics	M.Sc IV
11	Pragya Mishra	M.Sc Physics	M.Sc IV
12	Pramod Kumar Sharma	M.Sc Physics	M.Sc IV
13	Pratibha	M.Sc Physics	M.Sc IV
14	Pratibha	M.Sc Physics	M.Sc IV
15	Preeti	M.Sc Physics	M.Sc IV
16	Preeti Dhruw	M.Sc Physics	M.Sc IV
17	Jyoti	M.Sc Physics	M.Sc IV
18	Bhavna	M.Sc Physics	M.Sc IV
19	Bhawana Kulhare	M.Sc Physics	M.Sc IV
20	Bholaram	M.Sc Physics	M.Sc IV
21	Bishwajit Sagaria	M.Sc Physics	M.Sc IV
22	Chittaranjan Samal	M.Sc Physics	M.Sc IV
23	Deepalee Pandey	M.Sc Physics	M.Sc IV
24	Dharam Naik	M.Sc Physics	M.Sc IV
25	Dharmendra Kumar Kashyap	M.Sc Physics	M.Sc IV
26	Durgesh Chandrakar	M.Sc Physics	M.Sc IV
27	Gayatri Nagesh	M.Sc Physics	M.Sc IV
28	Gulnar Khan	M.Sc Physics	M.Sc IV
29	Abinash Sahu	M.Sc Physics	M.Sc II
30	Akanksha Pandey	M.Sc Physics	M.Sc II
31	Amit Kumar	M.Sc Physics	M.Sc II



32	Amit Sahu	M.Sc Physics	M.Sc II
33	Anirban Lal	M.Sc Physics	M.Sc II
34	Ankit Biswas	M.Sc Physics	M.Sc II
35	Arpita Jana	M.Sc Physics	M.Sc II
36	Asmita Patel	M.Sc Physics	M.Sc II
37	Bharti Chandra	M.Sc Physics	M.Sc II
38	Bharti Patel	M.Sc Physics	M.Sc II
39	Bhupendra Kumar	M.Sc Physics	M.Sc II
40	Bhupendra Nirala	M.Sc Physics	M.Sc II
41	Chanchal Kumar	M.Sc Physics	M.Sc II
42	Deeksha Dewangan	M.Sc Physics	M.Sc II
43	Deepa Sahu	M.Sc Physics	M.Sc II
44	Devendra Yadav	M.Sc Physics	M.Sc II
45	Dilip Kumar	M.Sc Physics	M.Sc II
46	Dipesh Sahu	M.Sc Physics	M.Sc II
47	Engita Tigga	M.Sc Physics	M.Sc II
48	Fulkumari	M.Sc Physics	M.Sc II
49	Ganapati Mahata	M.Sc Physics	M.Sc II
50	Gautam Kumar	M.Sc Physics	M.Sc II
51	Jagadananda Swain	M.Sc Physics	M.Sc II
52	Kamleshwar Prasad	M.Sc Physics	M.Sc II
53	Kishore Kumar Sahu	M.Sc Physics	M.Sc II
54	Krishna Prasad Yadav	M.Sc Physics	M.Sc II
55	Kunal Behera	M.Sc Physics	M.Sc II
56	Liptimayee Mahalik	M.Sc Physics	M.Sc II
57	Mandaknee Bhoi	M.Sc Physics	M.Sc II
58	Manish Kumar	M.Sc Physics	M.Sc II
59	Manohar Kumar Banjara	M.Sc Physics	M.Sc II
60	Manoj Kumar Pradhan	M.Sc Physics	M.Sc II
61	Abhishek	B.Sc (C.S.)	B.Sc IV
62	Alisha Kashyap	B.Sc (C.S.)	B.Sc IV
63	Anchal Mishra	B.Sc (C.S.)	B.Sc IV
64	Anup Nayak	B.Sc (C.S.)	B.Sc IV



65	Apurva Choubey	B.Sc (C.S.)	B.Sc IV
66	Deepika	B.Sc (C.S.)	B.Sc IV
67	Donisha Sahu	B.Sc (C.S.)	B.Sc IV
68	Gaurav Singh Laguri	B.Sc (C.S.)	B.Sc IV
69	Gectika Dewangan	B.Sc (C.S.)	B.Sc IV


Professor & Head
Department of Physics
Dr. C.V. Raman University
Kota, Bilaspur (C.G.)
INDIA



Ref.: CVRU/PHY/ 779A / 2021

Date: ...06/09/21

Notice

It is informed to you that the Department of Physics is going to organize **INTERACTIVE SESSION ON "AGILITY FITNESS" dated on 13 SEPTEMBER -2021.**

All the staff and students are hereby requested to take the keen participation in this event.

The detail of the events has been attached herewith.

Thanking you!

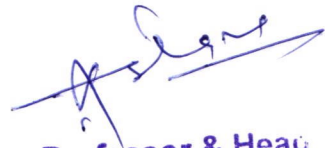
Date –

Sincerely Yours

Head,

Department of Physics

Enclosure:


Professor & Head
Department of Physics
Dr. C.V. Raman University
Kota, Bilaspur (C.G.)
INDIA



Dr.C.V.RAMAN UNIVERSITY

Kargi Road, Kota, Bilaspur (C.G.)

A brief Report of Expert talk on “Fit India: For better tomorrow”

1. **NAME OF THE EVENT/ACTIVITY:** “One day Expert talk on Fit India : For better Tomorrow”
2. **ORGANIZED BY:** Department of Engineering and IQAC
3. **DATE:** 17-08-2021
4. **VENUE:** Smart Class Room, B- Block, Dr. C.V. Raman University, Kargi Road, Kota, Bilaspur (C.G)
5. **DURATION IN NOS.:** 01 day (12PM – 03 PM)
6. **TOTAL NO. OF PARTICIPANTS:** 40
7. **MODE OF CONDUCTION (OFFLINE/ONLINE):** Online
8. **TYPE/NATURE & LEVEL OF THE EVENT:** Life Skills (Physical fitness)
9. **BRIEF DESCRIPTION:**

This awareness program was inaugurated by Honourable Vice Chancellor, Professor Dr. R.P. Dubey, Dr. C.V. Raman University, Bilaspur (C.G.). Respected Registrar, Mr. Gaurav Shukla, Dr. C.V. Raman University, Bilaspur (C.G.) , Dr. M. K. Tiwari, Principal , Dr. C. V. Raman Institute of Science & Technology were present as dignitaries in the program. All the faculty members from Department of Engineering were presented in the expert talk. Dr. M. K. Tiwari gave the welcome note and invites the resource person to initiate his lecture. Dr. Arun Sahu introduced the lecture with motivational quote “Hum fit to India fit”. Sir gave his valuable thoughts on eat fit India, how exercises changes our mind set to achieving our goals etc.

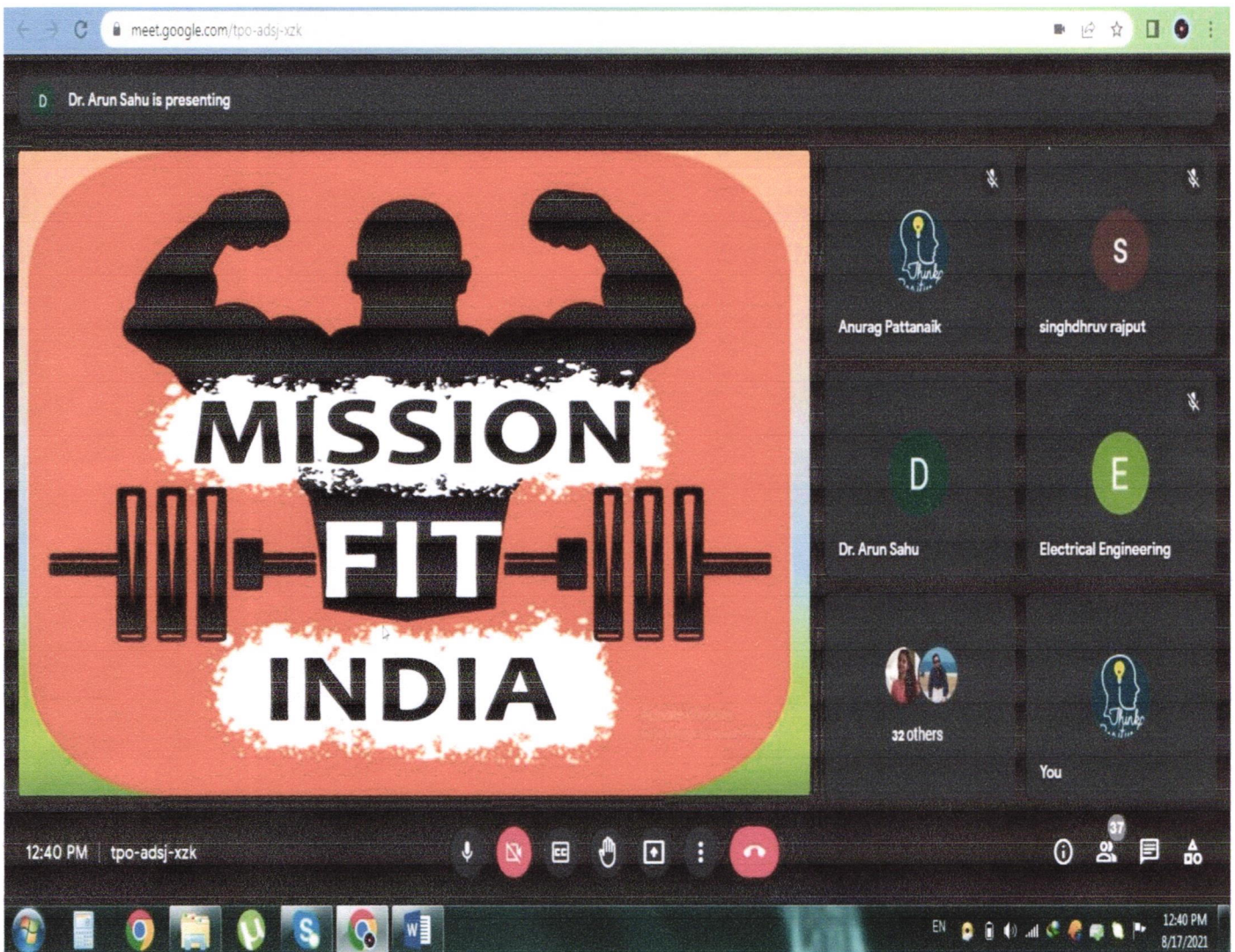
OBJECTIVES: Why we need fit India movement? How to eradicate burdened with diseases?, to encourage indigenous sports, to make fitness reach every school, college/university, To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories.

SIGNIFICANCE: The mission of the movement is to bring about behavioural changes and move towards a more physically active lifestyle. Towards achieving his mission, Fit India

proposes to undertake various initiatives and conducts events to promote fitness as easy, fun and free.

DETAILS OF RESOURCE PERSONS: Dr. Arun Sahu, Professor , BIT, Durg.

OUTCOME: To make fitness an integral part of our daily lives. Healthy body has healthy mind. How daily exercises make a significant change in our work style, how it helps to remove laziness and helps to make a peaceful and sound mind.



(Dr. Arun Sahu was explaining about the mission to make India a Fit India)

meet.google.com/tpo-adsj-xzk

Dr. Arun Sahu is presenting

WHY WE NEED 'FIT INDIA MOVEMENT'

Indians shy away from physical activity

 54% Indians are physically inactive	 Less than 10% engage in recreational physical activity
---	--

Burdened with diseases

 Obesity 13.5cr	 Diabetes 7.2cr	 Thyroid disorders 4.2cr	 Hypertension 8cr	 Cardiovascular disease 5.5cr
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Source: Indian Council of Medical Research (ICMR), News reports
ILLUSTRATION: RAM

Anurag Pattanaik

singhdhruv rajput

Dr. Arun Sahu

Electrical Engineering

33 others

You

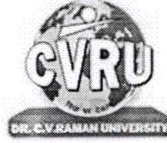
12:41 PM | tpo-adsj-xzk

EN 12:41 PM 8/17/2021

(Dr. Arun Sahu was Presenting why we need fit India Movement)

M. K. Singh

Department of Engineering
 Dr.C.V.Raman Institute of
 Science & Technology
 Kargi Road, Kota
 Dist. Bilaspur(C.G.)



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OF SCIENCE & TECHNOLOGY**
KARGI-ROAD, KOTA, BILASPUR (C.G.)
Phone : 07753 – 253801,253809, Fax : 07753 – 253728,
Website: www.cvrु.ac.in, Email-cvrurapur@yahoo.co.in

Ref.No./CVRI/ Pri. /Int. / 201 /2021

DATE: 14/08/2021

Notice

This is to inform that department of engineering & IQAC is going to organize one-day expert talk on “Fit India: For Better Tomorrow” on 17-Aug-2021 through Google meet platform. Program will start at 12 pm sharp. Link will share on WhatsApp group.

Kindly convey this information to all the faculties & students of your respective department. We assure that students will garner precious Knowledge by this event.

PRINCIPAL

DR. C.V. Raman Institute Of
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Dist. Bilaspur(C.G.)

Copy To:

1. PA, Vice Chancellor, Dr. C.V. Raman University (For kind information).
2. PA, Registrar, Dr. C.V. Raman University (For kind information).
3. IQAC, Dr. C.V. Raman University.
4. All HOD's/ Dean, Dr. C.V. Raman University.
5. Training and Placement cell Dr. C.V. Raman University.

Dr. C. V. Raman Institute of Science and Technology

Kargi Road Kota Bilaspur

Department of Engineering

One day Expert talk on "Fit India:For better tomorrow"

List of Participants

Date: 17/08/2021

S.NO.	NAME OF STUDENTS	COURSE
1	Sakshi	BE EE
2	Neha Joshi	BE EE
3	Ram Pratap Chouhan	BE EE
4	Chandramohan	BE EE
5	Vikaram	BE EE
6	M.D. Shahbaz Khan	BE EE
7	Roosha Suryawanshi	BE EE
8	Abhishek Gaurha	BE EE
9	Anuj kumar Chaurasiya	BE EE
10	Rajveer Singh	BE EE
11	Ajit Kumar	BE EEE
12	Hison	BE EEE
13	Ashish Kumar Diwakar	M.TECH(PS)
14	Sudhir Dewangan	M.TECH(PS)
15	Devesh Singh	M.TECH(PS)
16	Sheelu Patre	M.TECH(PS)
17	Shreya Yadav	M.TECH(PS)
18	M.Sai.Rahul	BE CSE
19	Himanshi Tandey	BE CSE
20	Pratibha Chouhan	BE CSE
21	Anurag Pandey	BE CSE
22	Satyam Kurre	BE CSE
23	Ashutosh Shrivastava	BE CSE
24	Abhishek Kashyap	BE CSE
25	Satyam Kurre	BE CSE
26	Neeraj Kumar	M.TECH(CSE)
27	William John	M.TECH(CSE)
28	Nidhi Dewan	M.TECH(CSE)
29	Nilamadhav Deo	BE MECH
30	Nlilesh Kumar Kadoti	BE MECH

31	Aakash Kumar	BE MECH
32	Abhay Singh	BE MECH
33	Akbar Mohammed Khan	BE MECH
34	Amit Kumar Singh	BE MECH
35	Aanand Pratap Jaiswal	BE MECH
36	Manish Kumar Vastrakar	BE MECH
37	Samarth Shourya Shrivastava	BE MECH
38	Tufail Ahmad	BE MECH
39	Abhishek Gupta	M.TECH(PE)
40	Vijay Krishna Chaturvedi	M.TECH(PE)


Department Of Engineering

Dr. C. V. Raman Institute of Science and Technology
Principal

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A
BRIEF REPORT

1. **Name of The Event/Activity:** INTERIOR DESIGN OF A BUILDING
2. **Organized By:** DEPARTMENT OF ENGINEERING & IQAC
3. **Date:** 07 September 2021
4. **Venue:** Smart Class Room (AS-14)
5. **Duration in Nos.:** 01
6. **Total No. of Participants:** 90
7. **Mode of Conduction (Offline/Online):** Offline
8. **Type/Nature & Level of the Event:** Expert Talk
9. **Details of Resource Persons/Keynote Speakers/Experts etc.:**
Ms. SAKSHI GUPTA, Senior Interior Designer Vastu Modular's, Bilaspur (C.G.)
10. **Session-wise/stepwise/Day-wise description:** 12:00 PM to 03:00 PM

Brief Description:

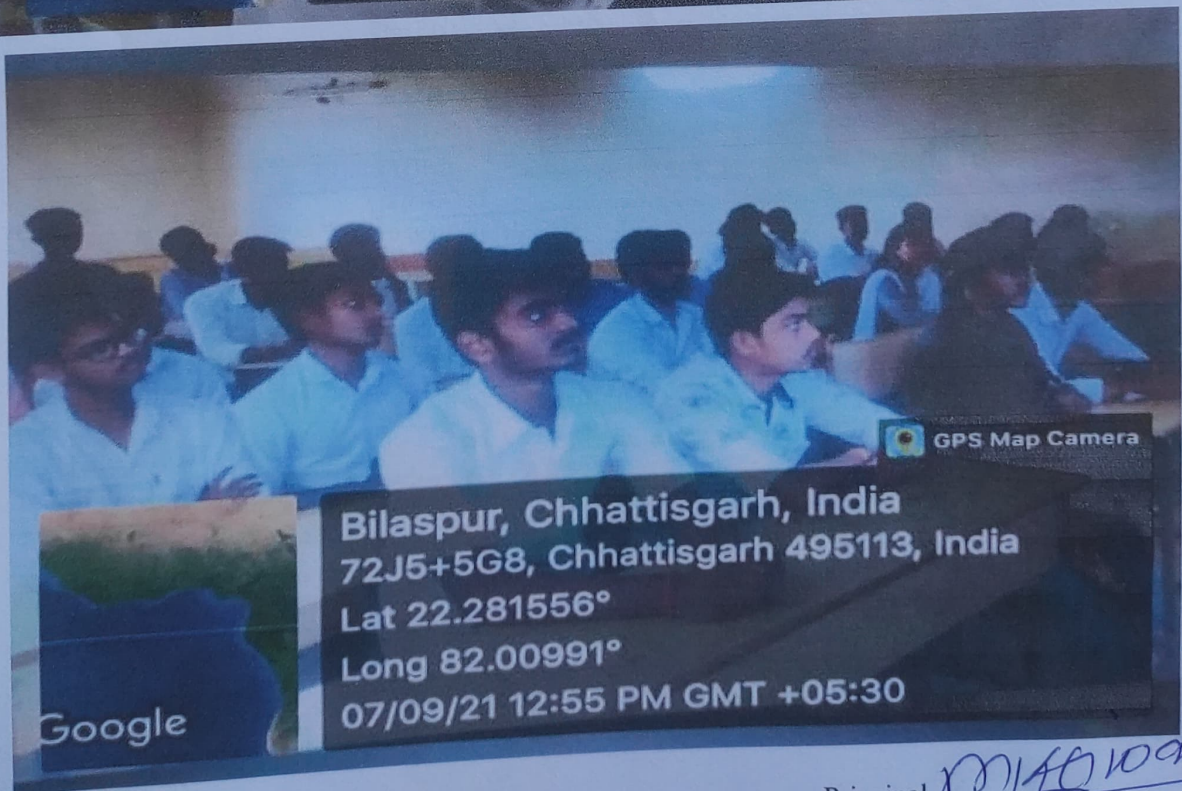
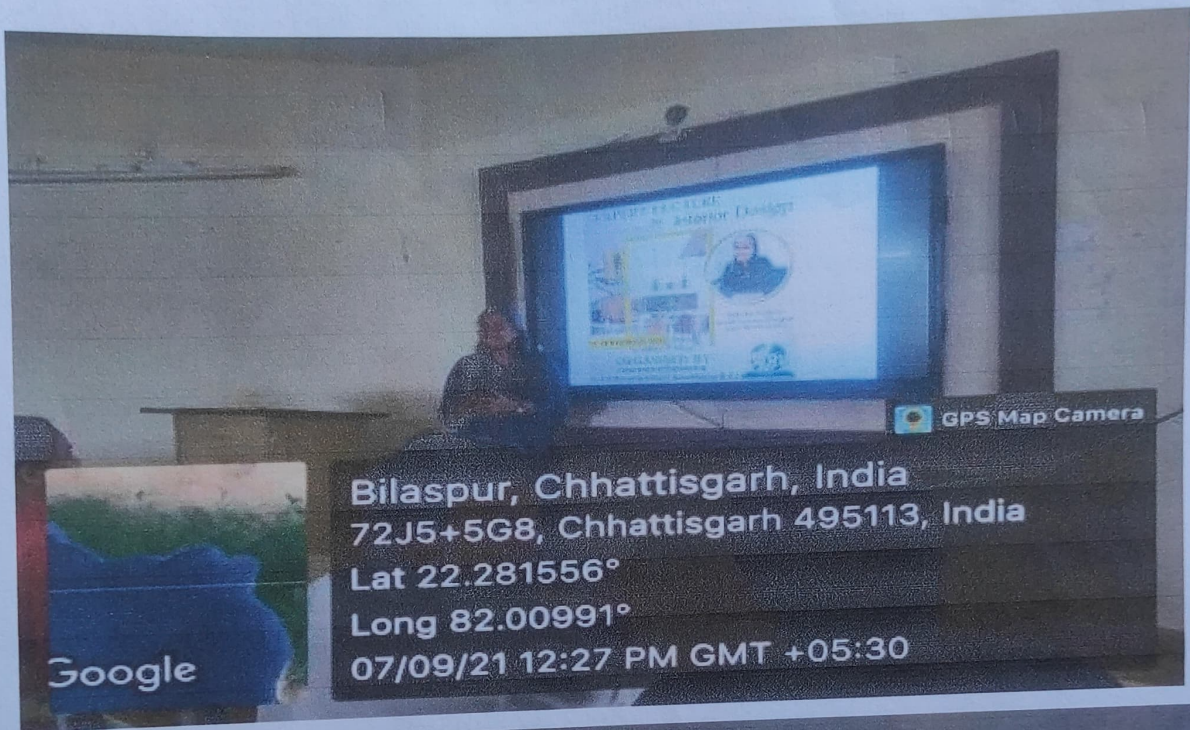
The Department of Engineering has organized a one day Expert Talk on the topic “**INTERIOR DESIGN OF A BUILDING**“ This event was included Expert Talk by the guest, **Ms. SAKSHI GUPTA, Senior Interior Designer Vastu Modular's, Bilaspur (C.G.)**

The expert asked Students must master a basic understanding of business practices. Although a business practices class may come late in the curriculum, that placement does not make it any less important. I believe it is one of the two most important classes in a student's curriculum, even if it's not the most important to you individually. Without an understanding of the professional practice of interior design, as a student, emerging professional, or employee, your success will be limited. Finally, many topics in this book are topics important to the National Council for Interior Design Qualification (NCIDQ) examination. Business topics are also common parts of other certification or licensing programs, as they are expected to be within curriculums accredited by the Council for Interior Design Accreditation (CIDA). The expert also talking objective and outcomes an interior designer is responsible for the layout of the internal space in a building or structure Recent interior design program graduate looking to apply creativity and innovation to corporate interior design projects at Robinson's Interiors. Self-motivated and hardworking graduate of interior architecture program with the skills needed to work as a junior interior designer with Luxury Interior Design. Detail-oriented individual looking for an opportunity to gain hands-on design experience in the design coordinator role for your interior design firm. Graduates will demonstrate the ability to communicate effectively both orally and in writing.


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Graduates will demonstrate knowledge of current information, theories and models, and techniques and practices in all of the major business disciplines including the general areas of Accounting and Finance, Information Technologies, Management, Marketing, and Quantitative Analysis.

The event was concluded by vote of thanks which was given by Mrs. Renu Tiwari, Assistant Professor, Branch of Civil Engineering, Dr. C.V. Raman University, Bilaspur (C.G.)



Principal *M. Tiwari*

Dr. C.V. Raman Institute of Science and Technology
Kargi Road Kota Bilaspur (C.G.)

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Science & Technology
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**DR. C.V. RAMAN INSTITUTE OF
SCIENCE & TECHNOLOGY**

DEPARTMENT OF ENGINEERING

Website: www.cvru.ac.in, Email: info@cvru.ac.in

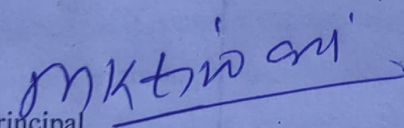
Ref. No/CVRI/ Pri./Int./ 204.../2021

DATE: 04.../09.../2021

Notice

This is to inform that the Department of Engineering is going to organize one day Expert Talk on "INTERIOR DESIGN OF A BUILDING" dated on 7th September 2021 to create awareness among students and faculty members of the University. So it is requested to all the faculties and students to take keen interested for this event and participate.

Kindly this information to inform all the students, faculty and staff members of other institutions also.


Principal

Department of Engineering
Dr.C.V.Raman Institute of
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Dist. Bilaspur(C.G.)

Copy To:

1. PA, Vice Chancellor, Dr. C.V. Raman University (For kind information)
2. PA, Registrar, Dr. C.V. Raman University (For kind information)
3. IQAC, Dr. C.V. Raman University
4. All HODs/Deans, Dr. C.V. Raman University
5. Training & Placement Cell, Dr. C.V. Raman University

DR.C.V.RAMAN INSTITUTE OF SCIENCE & TECHNOLOGY

Kargi Road Kota Bilaspur (C.G.)

EXPERT TALK - INTERIOR DESIGN OF A BUILDING

Date of EXPERT TALK - 07 SEPTEMBER 2021

LIST OS STUDENTS

S.NO.	ENROLLMENT NO.	NAME	Sign.
1	CV1101905420	BHUPESH JAISWAL	Bhupesh
2	CV1101905421	NARAYANI	Narayani
3	CV1101905649	ROOP LAL JAGDE	Roop Lal
4	CV1101906044	POOJAN KASHYAP	Poojan
5	CV1101906091	AYUSH SHARMA	Ayush
6	CV1101906833	HARSH JAISWAL	Harsh
7	CV11062008043	PRASHANT KUMAR	Prashant
8	CV/15016/0237	KAMAL KISHOR	Kamal
9	CV1501700813	SACHIN	Sachin
10	CV/15016/0234	BRIJMOHAN SINGH SHYAM	Brijmohan
11	CV11062008999	SATYAPAL	Satyapal
12	CV1106200900	JAGENDRA SINGH	Jagendra
13	CV11062009075	SHUBHAM SINGH	Shubham
14	CV/15016/1240	ADITYA	Aditya
15	CV1501803616	ANIKET SHRIVAS	Aniket
16	CV/15017/0760	AVINASH JAISWAL	Avinash
17	CV1101803226	GIRISH SINGH RAJPUT	Girish
18	CV1101803605	NARENDRA SINGROUL	Narendra
19	CV1101804197	TADAR ANANG	Tadar
20	CV1101805230	JITENDRA KUMAR	Jitendra
21	CV/15015/0498	RAVI KUMAR	Ravi
22	CV/15016/1718	SANDEEP KUMAR	Sandeep
23	CV/15016/1093	ANURADHA MAHTO	Anuradha
24	CV/15016/0918	ABHILAS DAS	Abhilas
25	CV/15116/1573	TRILOKI	Triloki
26	CV/15016/1681	RISHIKESHI KOSHLE	Rishikeshi
27	CV/1511610222	RAJKISHAN DHIRHI	Rajkishan
28	CV/15016/1498	SANJAY KUMAR	Sanjay
29	CV/15017/0243	LAL KUMAR PATEL	Lal Kumar
30	CV/1501700071	ANKITA KOSHLE	Ankita
31	CV1501700759	SHUBHAM PANDEY	Shubham
32	CV/15017/0767	BHUMIKA TIWARI	Bhumika
33	CV/1501700/769	GAURAV PATHAK	Gaurav
34	CV1101701168	AMIY SHRIVAS	Amiy
35	CV/15014/0597	SAURABH KAUSHIK	Saurabh
36	CV1501702447	SOURABH CHAKRABORTY	Sourabh
37	CV1501700810	SUBHAM SAURABH GAREWAL	Subham
38	CV11052009826	LEELADHAR VISHWAKARMA	Leeladhar
39	CV1501701889	RAHUL KUMAR SHRIVASTAVA	Rahul
40	CV1501700710	RAJ KUMAR BARETH	Raj

mktio ai

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Kargi Road Kota Bilaspur (C.G.)

EXPERT TALK - INTERIOR DESIGN OF A BUILDING

Date of EXPERT TALK - 07 SEPTEMBER 2021

LIST OS STUDENTS

S.NO.	ENROLLMENT NO.	NAME	Sign
41	CV11052010043	HARVINDERJEET SINGH	Hsingh
42	CV/15016/1641	VIVEK KUMAR SHARMA	Vivek
43	CV1501701889	SAVAK SHARMA	S Sharma
44	CV11052010230	ABHINAV KUMAR MISHRA	Amishra
45	CV1101804206	JASIM AHMAD	J. Ahmad
46	CV/15016/1417	AAKASH KUMAR	Aakash
47	CV/15016/0217	ABHAY SINGH	Abhay
48	CV12052100002	SURAJ KUMAR	Suraj
49	CV/15016/2106	AKBAR MOHAMMED KHAN	Akbar
50	CV1101906716	AMIT KUMAR SINGH	Amit
51	CV/15016/1582	ANAND PRATAP JAISWAL	Anand
52	CV/15016/0917	A WANISH KUMAR RAI	Awanish
53	CV/15014/0580	MANISH KUMAR VASTRAKAR	Manish
54	CV/15116/1564	SAMARTH SHOURYA SHRIVASTAVA	Samarth
55	CV/15116/0227	TUFAIL AHMAD	T. Ahmad
56	CV/15014/0623	NEHA JOSHI	Neha
57	CV1501700755	SHRUTI KOKASH	Shruti
58	CV/15016/0206	RAM PRATAP CHOUHAN	Ram
59	CV1101905964	CHANDRAMOHAN	Chandramohan
60	CV1101905964	VIKARAM	Vikaram
61	CV1501803071	M.D. SHAHBAZ KHAN	M.D. Khan
62	CV1501803228	PRAVEEN KUMAR YADAV	P. Yadav
63	CV/51014/0251	ROOSHA SURYAWANSHI	Roosha
64	CV1501702263	RAJ ROSHAN	Raj
65	CV150161094	DEEPAK CHAUHAN	Deepak
66	CV1501701903	PUSHPANJALI	Pushpanjali
67	CV150140824	NAVIN KUMAR SAHU	Navin
68	CV1501701918	ABHISHEK GAURHA	A. Gaurha
69	CV1501701055	ANUJ KUMAR CHOURASIYA	Anuj
70	CV/15016/0616	SIDDHARTH SINGH	Siddharth
71	CV/15016/1914	BHOLA RAM	Bhola Ram
72	CV11042011045	SUMAN	Suman
73	CV11042009237	RITA	Rita
74	CV11042009740	SULOCHANA	Sulochana
75	CV11042010533	ANIL ANANT	Anil
76	CV11042009199	SUDAM GAUDA	Sudam
77	CV12042007867	PAWAN KUMAR SAHU	Pawan
78	CV110160930	SAKSHI KESHARWANI	S. Kesharwani
79	CV110160176	PURNIMA KASHYAP	Purnima
80	CV12042009919	ANKITA MOR	Ankita

(Handwritten signature)

Principal
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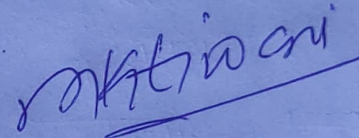
Kargi Road Kota Bilaspur (C.G.)

EXPERT TALK - INTERIOR DESIGN OF A BUILDING

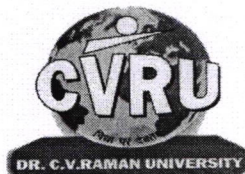
Date of EXPERT TALK - 07 SEPTEMBER 2021

LIST OS STUDENTS

S.NO.	ENROLLMENT NO.	NAME	Sign.
81	CV1101905449	ANJALI RATRE	
82	CV1101905634	B JESIKA	
83	CV11012008199	DIPIKA NISHAD	
84	CV1101905487	MAYANK SINGH CHOUHAN	
85	CV1101905460	PRAGYA GUPTA	
86	CV1101905486	SATYABRATA MANNA	
87	CV1101906830	VIVEK DEWANGAN	
88	CV150161236	SANTESHWAR PATEL	
89	CV11012008898	RUHUL AMIN	
90	CV11012008945	FAGURAM YADAV	



Principal
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Dist. Bilaspur(C.G.)



Department of Life Science
Dr. C.V. Raman University
Kargi Road, Kota, Bilaspur (C.G.)

CVRU/LS/778/2017

Dated: 06-08 JULY 2017.

Sir/Madam

Circular

The department of Life Science was established in 2011 and consist of four discipline viz Zoology, Botany ,Microbiology and Biotechnology. Life Science department is running various courses like M.Sc., M.Phil. and Ph.D. programmes in these discipline. This is to inform you that department of Life Science, Dr. C.V .Raman University, going to organize THREE DAYS NATIONAL WORKSHOP “TRADITIONAL USES OF MEDICINAL PLANTS” on Dated: 06-08 JULY 2017. So this letter is to invite all of you in this programme and you presence will be highly appreciated.

Venue: Research Center Hall, CVRU Campus

Time: 10:30-4:30



LS/la
H.O.D.
Dept. of Life Sciences
Dr. C.V. Raman University
Kargi Road, Kota, Bilaspur (C.G.)

With best Regards
(Dr. Shweta Sao)
Dept. of Life Science
Dr.C.V.Raman University
Kargi Road, Kota, Bilaspur(C.G.)

About the University

Dr. C.V. Raman University is located in Kargi Road, Kota, Bilaspur district in Chhattisgarh. Established on 3 November 2006, Dr. C.V. Raman University has established itself as a university in Chhattisgarh and more importantly, in central India as the research and education hub of professional courses running from diverse fields like Engineering, Management, Arts, Science, Law, Education, and many more.

About The Department

Department of Life Science was established in 2011 and consist of four discipline viz Zoology, Botany, Microbiology and Biotechnology. This department is running various courses like UG, PG and Research programmes in these discipline. The Life Science department organized national level Seminar, Workshop, Training and awareness program. The department is having various sophisticated instruments to support research like HPLC, TCR, Deep Freeze, Gel Doc, Electrophoresis, Trinocular Microscope and several others instruments in the advanced Biotechnology Facilities. The Life Science Department having multidisciplinary research facility in microbial assay, Endophytic fungi, Biodiversity, Histopathology and Isolation of Microbes.

Workshop Preamble

Medicinal plants have been identified and employed in traditional medicine methods. Plants produce hundreds of chemical compounds for defense against insects, fungi, illnesses, and herbivorous mammals, among other things. Numerous phytochemicals have been found as having biological activity, either potential or established. In non-industrialized communities, medicinal plants are commonly used, mostly because they are readily available and less expensive than contemporary pharmaceuticals. Medicinal plants have the potential to provide three sorts of benefits: health benefits to individuals who use them as medicines, financial benefits to those who gather, process, and sell them, and societal benefits such as job opportunities, tax income, and a healthier labor force. Herbal medicinal plant remedies are also popular because they are believed to be safe and have no adverse effects. They have an edge over chemically processed items and synthetic medications because they are in tune with nature.

Workshop Objective

Medicinal plants have been identified and employed in traditional medicine methods. Plants produce hundreds of chemical compounds for defense against insects, fungi, illnesses, and herbivorous mammals, among other things. Numerous phytochemicals have been found as having biological activity, either potential or established. In non-industrialized communities, medicinal plants are commonly used, mostly because they are readily available and less expensive than contemporary pharmaceuticals. Medicinal plants have the potential to provide three sorts of benefits: health benefits to individuals who use them as medicines, financial benefits to those who gather, process, and sell them, and societal benefits such as job opportunities, tax income, and a healthier labor force. Herbal medicinal plant remedies are also popular because they are believed to be safe and have no adverse effects. They have an edge over chemically processed items and synthetic medications because they are in tune with nature.

Workshop Subthemes:

- Quantitative analysis of medicinal plants.
- Qualitative analysis of medicinal plants.
- Taxonomy and Identification of medicinal plants.
- Traditional uses of medicinal plants in Chhattisgarh.

Registration Form

Name :

Qualification :

Desination :

Institution :

Address for Communication :

Contact No.

E-mail Id :

Sex : Male Female Age

Place :

Resource Person

Chief Patrons

Shri Santosh Choubey

(Hon'ble Chancellor, CVRU)

Patron

Prof. R. P. Dubey

(Hon'ble Vice Chancellor, CVRU)

Mentor

Shri Shailesh Pandey

(Registrar, CVRU)

Guest Speakers

Shri Nirmal Awasthi

State Secretary Paramparagat

Vanoushadhi Prashikhi Vaidya Sangh (C.G.)

Dr. M.L. Jaiswal

HOD Dept. of Botany,

D.P.Vipra College, Bilaspur

Co-Ordinator

Dr. Shweta Sao

Professor & Head, Department of Life Science, CVRU

Organizing Secretary

Dr. Amit Sharma

Associate Professor, Department of Life Science, CVRU

Organizing Committee Member

Dr. R. K. Singh

Mrs. Lata Sharma

Ms. Pratibha Pandey

Ms. Hemlata Nishad

Ms. Antu Kurrey

Ms. Priyanka Pandey

Mrs. Rama Mishra

Ms. Himani Sandey

Mr. Shishir Tiwari



National Workshop

On

Traditional uses of Medicinal plants

Dated : 06th- 08th July 2017



Phone : 07753-253801, Fax: 07753-253728

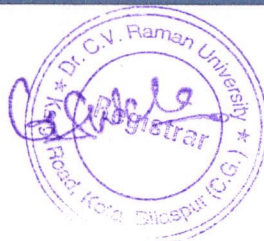
Website: www.cvr.ac.in e-mail : info@cvru.ac.in

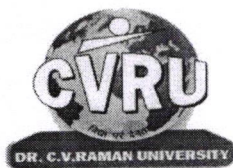
Organised By :

Department of Life Science & IQAC

DR. C.V. RAMAN UNIVERSITY

Chhattisgarh, Bilaspur AN AISCT GROUP OF UNIVERSITY
Kargi Road, Kota, Dist- Bilaspur (C.G.) Ph: + 91-7753-253801, Mo: 06261900581/82





DEPARTMENT OF LIFE SCIENCE

Dr. C. V. RAMAN UNIVERSITY

KARGI-ROAD, KOTA, BILASPUR (C.G.)

REPORT

Department of Life Science and IQAC of Dr. C.V. Raman University, conducted its Three days National Workshop on 'TRADITIONAL USES OF MEDICINAL PLANTS' 06-08 July, 2017.

Day 1:- 06/07/2017

Session 1

Inaugural Ceremony

The National Workshop on 'TRADITIONAL USES OF MEDICINAL PLANTS', dated 06-08 July 2017 organized by Department of Life Science. The inaugural ceremony was simple but elegant. The Function was started by Saraswati Vandana welcoming all the guests. National conference was inaugurated by Hona'ble **Prof. R.P. Dubey (Chair Person)** Vice-Chancellor, Dr. C.V. Raman University, Bilaspur (C.G.), **Shri Gaurav Shukla**, Registrar, Dr. C.V. Raman University Bilaspur(C.G.).

Session 2

Shri Nirmal Awasthi

State Secretary Paramparagat Vanoushadhi Prashikhit Vaidya Sangh Chhattisgarh

Convener welcomed all the faculty, students and participants . The Function was started by brief introduction of key note speaker given By Dr. R.K.Singh Title of the talk was Ethnomedicinal Plants used by Tribal People. **Shri Nirmal Awasthi** delivered lecture about comprises medical aspects of traditional knowledge that developed over generations within the folk beliefs of various societies before the era of modern medicine. The World Health Organization (WHO) defines traditional medicine as "the sum total of the knowledge, skills, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness".



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Day 2:- 07|07|2017

Session 3

Dr. M.L. Jaiswal,

D.P. Vipra College, Bilaspur C.G.

Convener welcomed all the faculty, students and participants. The Function was started by brief introduction of key note speaker given By Dr. R.K.Singh Title of the talk was preservation of indigenous plant species. **Dr. M.L. Jaiswal** delivered lecture about plant conservation is often contrasted with scientific medicine. In some Asian and African countries, up to 80% of the population relies on traditional therapy for their primary health care needs. When adopted outside its traditional culture, traditional medicine is often considered a form of alternative medicine.^[1] Practices known as traditional medicines include traditional European medicine, traditional Chinese medicine, traditional Korean medicine, traditional African medicine, Ayurveda, Siddha medicine, Unani, ancient Iranian medicine, traditional Iranian medicine, medieval Islamic medicine, Muti, and Ifá. Scientific disciplines that study traditional therapy include herbalism, ethnomedicine, ethnobotany, and medical anthropology.

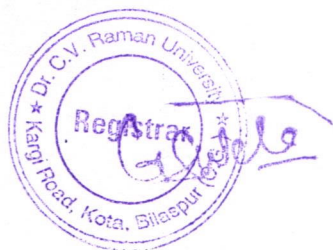
Day 3:- 08|07|2017


Technical Session- [Oral& Poster]

Technical session was started oral presentation and participation the Workshop and deliberations. All presentation was highly appreciated and liked by the participants. The sessions was greatly acknowledged by the participants by student have presented their work and share their research experience which imbibes among the participants and gave there a positive environment for execution of high impact research.

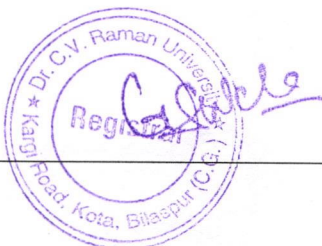
Valedictory Ceremony

The Valedictory ceremony was Chaired by Hona'ble **Prof. R. P. Dubey (Chair Person)** Vice – Chancellor, Dr. C.V. Raman University, Bilaspur (C.G.), **Shri Gaurav Shukla**, Registrar, Dr. C.V. Raman University Bilaspur (C.G.) was congratulated the efforts of the University achieve grand success of National Workshop in new theme like 'TRADITIONAL USES OF MEDICINAL PLANTS' deliberation by renowned national speakers. Dr. Shweta Sao delivered the vote of thanks in the third valedictory ceremony.




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Dept. of Life Sciences
Dr. C.V. Raman University
Kota, Bilaspur (C.G.)

GLIMPSE OF WORKSHOP



H.S. Chandra
H.O.D.
Deptt. of Life Sciences
Dr. C.V. Raman University
Kota, Bilaspur (C.G.)



Dr. C.V. Raman University
Kanjik Road, Kota, Bilaspur (C.G.)
Registrar
[Signature]

[Signature]
H.O.D.
Deptt. of Life Sciences
Dr. C.V. Raman University
Kota, Bilaspur (C.G.)

LIST OF PARTICIPANTS

Dr.C.V.Raman University
Kargi Road , Kota, Chhattisgarh.
THREE DAYS WORKSHOP-2017

Dated: 6-8 July 2017

S.No.	Student Name	Enrollment No.	Branch/Semester
1	AACHAL KHANDAY	CV5101701408	B Sc Bio III
2	AKASH GANGULY	CV5101701713	B Sc Bio III
3	AKASH MINJ	CV5101701601	B Sc Bio III
4	AKBAR	CV5101702413	B Sc Bio III
5	AKHILESH SINGH RAJPUT	CV5101701036	B Sc Bio III
6	ANISH TANDAN	CV4101701612	B Sc Bio III
7	ANITA KUSHWAHA	CV5101701763	B Sc Bio III
8	ANJALI LAHRE	CV5101700935	B Sc Bio III
9	ANJANI	CV5101701022	B Sc Bio III
10	ANKUR PATEL	CV5101700981	B Sc Bio III
11	ARCHANA	CV5201702381	B Sc Bio III
12	ARUNA	CV5101700987	B Sc Bio III
13	BHARTI RAJPUT	CV5101701011	B Sc Bio III
14	BHAWANA	CV5101701595	B Sc Bio III
15	BHUVNESHWAR	CV5101701006	B Sc Bio III
16	BIRBAL	CV5101700956	B Sc Bio III
17	CHANDRAWATI TEKAM	CV5101700875	B Sc Bio III
18	CHARUSHILA SAHU	CV5101702384	B Sc Bio III
19	CHHAVI JAISWAL	CV5101701648	B Sc Bio III
20	EKTA GOYAL	CV5101701820	B Sc Bio III
21	ESHA	CV5101700906	B Sc Bio III
22	FIRDOUS TARANA	CV5101700982	B Sc Bio III
23	GAGAN SAY PAIKRA	CV5101700984	B Sc Bio III
24	GAJENDRA	CV5101701617	B Sc Bio III
25	GAJENDRA KUMAR	CV5101700965	B Sc Bio III
26	GAUTAM KUMAR	CV5101701040	B Sc Bio III
27	GOPI KUMAR	CV5101701039	B Sc Bio III
28	HEENA MIRE	CV5101701012	B Sc Bio III
29	JITENDRA KUMAR	CV5101701033	B Sc Bio III
30	JITENDRA KUMAR NIMJA	CV5101701638	B Sc Bio III
31	JYOTI	CV5101700571	B Sc Bio III
32	JYOTI ADITYA	CV5101701796	B Sc Bio III
33	JYOTI YADAV	CV5101700929	B Sc Bio III



W. D. D.
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34	KAJOL	CV5101700952	B Sc Bio III
35	KALYANI	CV320160306	B Sc Bio III
36	KAMAL KANT	CV5101701598	B Sc Bio III
37	KAVITA	CV5101701024	B Sc Bio III
38	KUNDAN LAL	CV5101701034	B Sc Bio III
39	KUSHAL PRASAD SAHU	CV5101700983	B Sc Bio III
40	LAXMIKANT	CV5101701018	B Sc Bio III
41	LAXMINARAYAN SAHU	CV5101702383	B Sc Bio III
42	MAHESHVER	CV5101700999	B Sc Bio III
43	MALTI RATHORE	CV5101700914	B Sc Bio III
44	MAMTA	CV4101701587	B Sc Bio III
45	MANISHA NISHAD	CV5101701009	B Sc Bio III
46	MANJULATA	CV5101702274	B Sc Bio III
47	MUKESH KUMAR JAISWAL	CV5101701032	B Sc Bio III
48	MUKESH KUMAR KURRE	CV5101701792	B Sc Bio III
49	MUSKAN	CV5101700960	B Sc Bio III
50	NARAYAN SINGH SAHU	CV5101700985	B Sc Bio III
51	NAUSHEEN FATIMA	CV5101700977	B Sc Bio III
52	NAVEEN KUMAR	CV5101700901	B Sc Bio III
53	NILESH KUMAR BHAGAT	CV5101700945	B Sc Bio III
54	NILIMA	CV5101700931	B Sc Bio III
55	OMKAR PRASAD	CV5101701041	B Sc Bio III
56	OWAIS YOUSUF SHEIKH	CV5101700996	B Sc Bio III
57	PINKI BANJARE	CV5101701807	B Sc Bio III
58	POOJA YADAV	CV5101702272	B Sc Bio III
59	PRABHU KUMAR	CV5101701023	B Sc Bio III
60	PRADEEP SINGH	CV5101700878	B Sc Bio III
61	PRAGATI SAHU	CV5101700988	B Sc Bio III
62	PREETI	CV5101700976	B Sc Bio III
63	PRIYA TIWARI	CV5101701035	B Sc Bio III
64	PRIYANKA	CV5101700980	B Sc Bio III
65	PRIYANKA JAISWAL	CV5101701042	B Sc Bio III
66	PRIYANKA KHARE	CV5101700886	B Sc Bio III
67	PURNIMA	CV5101700891	B Sc Bio III
68	PUSHPRAJ	CV5101702386	B Sc Bio III
69	RAJESH	CV5101700887	B Sc Bio III
70	RAJESH KUMAR RAJAK	CV5101701757	B Sc Bio III
71	RAJMANI	CV5101701786	B Sc Bio III
72	RAJNI SAHU	CV5101700916	B Sc Bio III
73	RAMA SHANKAR	CV5101701013	B Sc Bio III
74	RAMKUMAR	CV5101700928	B Sc Bio III



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Dr. C.V. Raman University
Kota, Bilaspur (C.G.)


75	RANI BARMAN	CV5101700975	B Sc Bio III
76	RANI MARKAM	CV5101700947	B Sc Bio III
77	RATNAKAR KAUSHIK	CV5101701803	B Sc Bio III
78	RESHMA PORTE	CV5101701002	B Sc Bio III
79	S SHINEY	CV5101701818	B Sc Bio III
80	SADAP SINGH	CV5101700934	B Sc Bio III
81	SAGAR KUMAR	CV5101701028	B Sc Bio III
82	SAHIL	CV5101700954	B Sc Bio III
83	SAMPADA JWALA	CV5101701794	B Sc Bio III
84	SANGEETA BHARDWAJ	CV5101701043	B Sc Bio III
85	SANGEETA SAHU	CV5101702411	B Sc Bio III
86	SAROJANI	CV5101701015	B Sc Bio III
87	SHRIKANT	CV5101701810	B Sc Bio III
88	SHWETA	CV320160756	B Sc Bio III
89	SONIYA	CV5101700903	B Sc Bio III
90	SWETA MIRI	CV5101701010	B Sc Bio III
91	UMA SHANKAR	CV5101701000	B Sc Bio III
92	UMESH KUMAR	CV5101700950	B Sc Bio III
93	VIKAS PANDEY	CV5101701029	B Sc Bio III
94	VIKAS SURYAVANSHI	CV5101701570	B Sc Bio III
95	VINITA KHANDEKAR	CV5101701754	B Sc Bio III
96	VIRENDRA SAHU	CV5101701020	B Sc Bio III
97	VISHALI KAUSHIK	CV5101702677	B Sc Bio III
98	VISHNU CHARAN SAHU	CV5101701044	B Sc Bio III
99	YAAMINI KAUSHIK	CV5101700963	B Sc Bio III
100	YAMINI SINGH	CV5101700893	B Sc Bio III
101	YUVRAJ DAS	CV5101701031	B Sc Bio III
102	SHASTANGI SAHU	CV210151476	M Sc Biotechnology
103	ANOOP KUMAR TRIPATHI	CV5201702054	M Sc Botany III
104	DHARITRI BISWAL	CV5201702039	M Sc Botany III
105	DILESHWARI RAJPUT	CV5201702300	M Sc Botany III
106	GEETA DHIWAR	CV5201702304	M Sc Botany III
107	GEETA SIDAR	CV5201702041	M Sc Botany III
108	HRISHIKESH YADAV	CV5201702062	M Sc Botany III
109	KIRAN	CV5201702067	M Sc Botany III
110	MAYURI	CV5201702394	M Sc Botany III
111	PREMIN	CV5201702051	M Sc Botany III
112	ROBIN RAM KASHYAP	CV5201702069	M Sc Botany III
113	SHIBABRATA NATH	CV5201702045	M Sc Botany III
114	SONY KAUSHIK	CV5201700715	M Sc Botany III
115	SUNIL BHAGAT	CV5201702058	M Sc Botany III

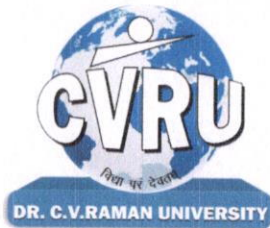


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 Kota, Bilaspur (C.G.)

116	SUNIL KUMAR	CV5201702049	M Sc Botany III
117	SWETA SARJAL	CV5201702063	M Sc Botany III
118	TANWEER AHMED KANJAL	CV5201702040	M Sc Botany III
119	VARSHA SINGH	CV5201702066	M Sc Botany III
120	VIKASH KUMAR	CV510140265	M Sc Botany III
121	VINDESHWARI KUMARI	CV5201702037	M Sc Botany III
122	SURAJIT PANJA	CV5201702159	M Sc Microbiology III
123	AJAY SHANKAR	CV5201702027	M Sc Zoology III
124	GANGA JANGADE	CV5201701994	M Sc Zoology III
125	GIRDHARI SINGH PAIKRA	CV5201701974	M Sc Zoology III
126	HARSHIKA DAVID	CV5201702009	M Sc Zoology III
127	HEMA RAJPUT	CV5201702021	M Sc Zoology III
128	HEMLATA YADAV	CV5201702377	M Sc Zoology III
129	HITESH TANDEY	CV5201702280	M Sc Zoology III




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 Dr. C.V. Raman University
 Kota, Btspur (C.G.)



DR. C.V. RAMAN UNIVERSITY

KARGI ROAD, KOTA BILASPUR (C.G.)

(Accredited with B+ Grade by NAAC)

Three Days National Workshop

On

Traditional Uses of Medicinal Plants

Date : 06-08 July 2017

Organized by : Department of Life Science & IQAC

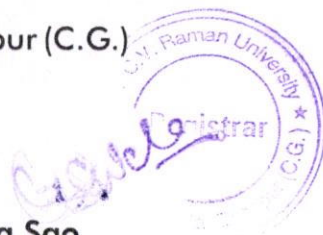
Certificate of Appreciation

This is to certify that Prof/Dr./Mr./Ms./Mrs. From

.....has Attended the **Three Days**

National Workshop on Recent Trends in Biotechnology and Bioinformatics Organized by Department of Life Science &

IQAC Dr. C.V. Raman University, Bilaspur (C.G.)



Dr. Shweta Sao
(Co-Ordinator)

Shri Shailesh Pandey
(Registrar, CVRU)

Dr. C. V. Raman University Kargi Road Kota, Bilaspur (C.G.)
Department of Law
REPORT

Name of Program: Law and Health awareness programme.

Date: 08th March 2018,

Time: 12:00 am to 04:00 pm

Co-ordinator: Dr. J. K. Patel, Head, Department of Law

Detailed Report:

Today, on the occasion of International Women's Day, on Thursday, 8th March, 2018, Law and health awareness program was organized by the Law Department, Dr. C. V. Raman University. The objective of the program was to make the students aware of health and legal provisions.

The program was presided over by the Honorable Vice Chancellor of the University, Professor R. P. Dubey. Dr. Abhijit Raizada, MD, the chief guest invited in the program, emphasized the importance of *a balanced diet*, exercise in regular routine in the context of women, saying that there is a need to focus on "prevention better *than* cure". Even after this, the legal provisions regarding practical problems between the sick person and the doctor in case of illness were elaborated upon. Earlier, while giving the welcome address, the Honorable Registrar of the University described today's program as very relevant on the occasion of International Women's Day.

The head of the women's cell, Dr. Namita Bhardwaj, expected a legal solution to the health problems of women. Dean Faculty of Law, Dr. Jainendra Kumar Patel explained in detail about the remedial provisions of the major laws related to women. e. g. Maternity Benefit Act. Domestic Violence Protection Act, Sexual harassment of women at work place Act etc.

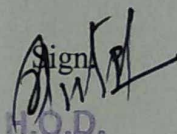
Photo



The Honorable Vice Chancellor of the University, Professor R. P. Dubey said that everyone should be aware of health and laws. For which the society has a big responsibility on the doctors and jurists. They told if the doctor is the form of God on earth, then the jurists are no less. In the end, while conducting the program successfully, Mr. Ravi Prakash Chaudhary announced the completion of the program by expressing gratitude to the professors, authorities, students present on the dignified stage.

This report is certified by Head of the Department.

Date: 9/03/2018


H.O.D.
Department of Law

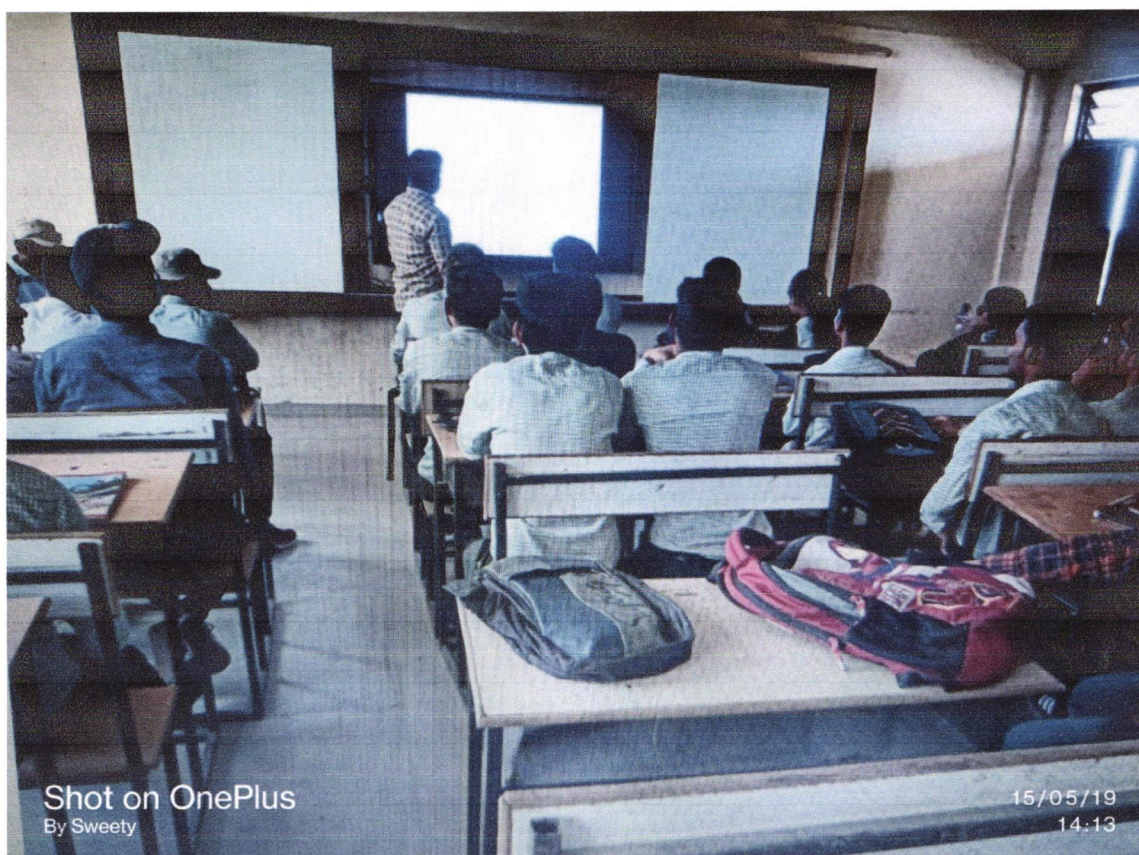
Dr. C. V. Raman University
Kargi Road Kota, Bilaspur (C.G.)


A Report

on

One-day Guest Lecture on Offensive Skill in the Sports with Reference of Kabaddi.

One-day guest lecture was organized by Physical Education Department on 15th May 2019, on Offensive Skill in the Sports with Reference of Kabaddi, at Dr. C. V. Raman University. The inaugural session begun in the presence of Honorable Vice Chancellor of the University Prof. R. P. Dubey, Registrar Shri Gaurav Shukla, HOD (Education), Dr. P. K. Naik, the chief speaker Dr. Basant Anchal sir and Dr. Basant Anchal explained various attacking tricks of kabaddi like head touch is one of the most used offensive technique used in game. Beside this he also explained the various strategies used by the players in order to win the game. He demonstrated how one can build a career in it. He explained the impact of Kabaddi on the mental health of the players. 19 participants were participated in this guest lecture.




डॉ. जयशंकर यादव
कार्यक्रम अधिकारी एन.एस.एस.
सी. वी. रमन वि. बि. कोटा
विलासपुर (स.प.)


A Report

on

One-day Guest Lecture on Basketball Training

One -day guest lecture on “Basketball Training” was organized by Physical Education Department on 23rd Dec.2019. The inaugural session begun in the presence of the Honorable Vice Chancellor of the University Prof. R. P. Dubey, Registrar Shri Gaurav Shukla, Dr. P. K. Naik coordinator. Keynote speaker was Dr. Santosh Bajpai. Dr. Sudhir Rajpal deliver a welcome speech in the inaugural ceremony later on Dr. Santosh Bajpai elaborated about the various techniques used in the basket ball training and explained the benefits of this game, various tricks and technologies used in the game of basket ball. 38 participants participated in this guest lecturer and they all benefitted from it .




डॉ. जयशंकर यादव
कार्यक्रम अधिकारी एन.एस.एस.
सी. वी. रमन वि. बि. कोटा
बिलासपुर (छ.प्र.)



DR.C.V.RAMAN UNIVERSITY, KOTA, BILASPUR (C.G.)

DEPARTMENT OF EDUCATION

A

One Day

Guest Lecture

on

“Gender Sensitization”

ORGANIZED BY

DEPARTMENT

OF

EDUCATION

REPORT OF THE PROGRAM / LECTURE

The One Day Guest Lecture has been organized by Department of Education on Gender Sensitization dated 17/01/2020.

The main aim of this program was to introduce the concepts of “**Gender Sensitization**” to the students and to explain the role and importance of this topic.

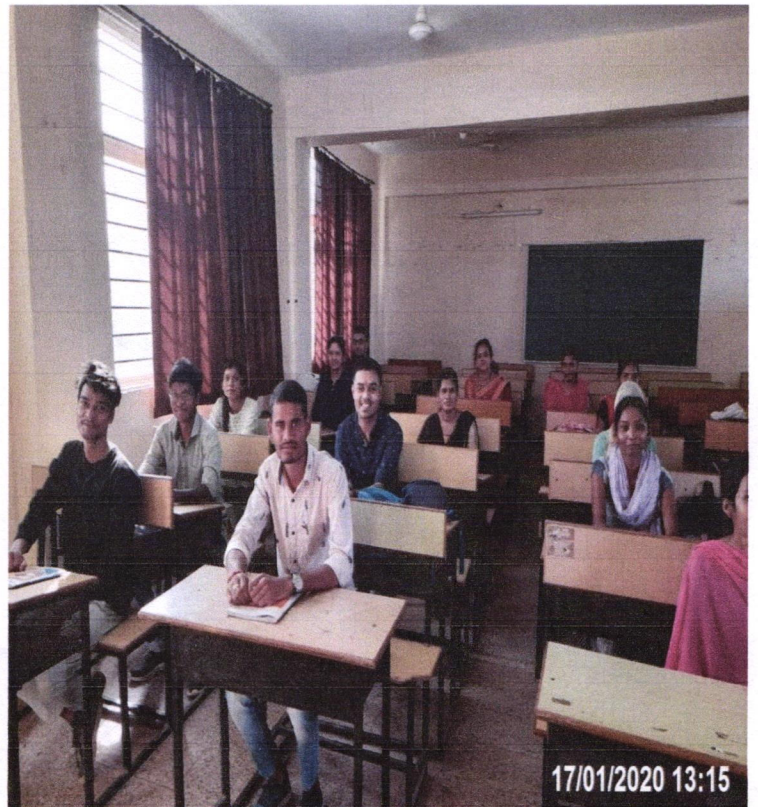
This Program was inaugurated by the respected Mrs. Pushpa Kashyap, Deputy Registrar, Human resource Department of this University. In order to enrich all the participants with his knowledge. Dr. Brijesh Pratap Yadav, Principal, Shri Rawatpura Sarkar Institute of Professional studies, Naya Raipur was invited as an expert for this program. A total of 48 participants from final year students from Department of B.Ed. & M.Ed. had participated in this Program. Mr. Krishna Kumar Pandey over looked this awareness program.


Dr. Brijesh started his lecture with the general concept of gender. In the beginning the lecture, emphasized on creating awareness among the students and faculty members regarding the gender issues,

and discussed about the Acts& Rules to protect women. The speaker also focused on the procedure to be adopted for filing a complaint against the harassers and legal consequences of the complaints.

The entire session being very interactive, students actively participated in understanding the topic. Students absorbed the information & shared their experiences on the issue. At the end of the program, many questions were asked by the participants to the expert. The expert sir was also satisfied by answering the questions. At the end of the session Mr. Krishna Kumar Pandey, expressed gratitude to all the participants of the program.

Glimpse of program

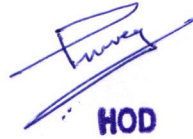



HOD
Deptt. of Education
Dr. C.V. Raman University

Participants list of Gender sensitization guest lecture

S.No.	Course	Name	Enrollment No.
1	B.Ed. III	BASANT KUMAR	CV2101804681
2	B.Ed. III	BHAVIKA GURBANI	CV2101804932
3	B.Ed. III	BHAVNA	CV510120099
4	B.Ed. III	CHANDANI KAUSHIK	CV2101804682
5	B.Ed. III	CHANDNI RAJPUT	CV510130139
6	B.Ed. III	CHANDRAKANTA PALKE	CV2101804802
7	B.Ed. III	DEENA NATH	CV10953
8	B.Ed. III	DURGA GUPTA	CV2101804789
9	B.Ed. III	ESHA SINGH	
10	B.Ed. III	FULESHWARI	CV2101804645
11	B.Ed. III	GARGI DEVANGAN	CV2101805171
12	B.Ed. III	GAYATRI	CV2101804637
13	B.Ed. III	GHANSHYAM	CV2101804613
14	B.Ed. III	HARENDRA KUMAR JOSHI	CV2101804618
15	B.Ed. III	HEERAMANI	CV2101804797
16	B.Ed. III	HEMLAL	CV520160976
17	B.Ed. III	HIPTY PATLE	CV610151034
18	B.Ed. III	INDIRA MANIKPURI	CV2101804636
19	B.Ed. III	ISHWARI RAJ	CV2101804683
20	B.Ed. III	KUNJLATA JAISWAL	CV2101804677
21	B.Ed. III	KUSHAL SINGH RAJPUT	CV520161176
22	B.Ed. III	LAV KUMAR KASHYAP	CV510120106
23	B.Ed. III	LAXMIKANT DADSENA	CV2101804934
24	B.Ed. III	LUPESH NISHAD	CV2101804639
25	B.Ed. III	MADHAVI VASTRAKAR	CV2101804622
26	B.Ed. III	MADHU MALINI SHAH	CV2101804793
27	B.Ed. III	MANESHWARI GOLE	CV2101804942
28	B.Ed. III	MANISHA KAUSHIK	CV2101804803
29	B.Ed. III	MANOJ KUMAR BARIK	CV2101804616
30	B.Ed. III	MEENA	CV2101804808
31	B.Ed. III	MONGRA BANJARE	CV2101804631
32	B.Ed. III	NANDINI GUPTA	CV520120064
33	B.Ed. III	NARENDRA KUMAR PATKAR	CV2101804933
34	B.Ed. III	NARENDRA YADAV	CV2101804634
35	B.Ed. III	RANJEET KUMAR	CV2101804799
36	B.Ed. III	RAVIKESH KUMAR	CV2101804680
37	B.Ed. III	RESHMA TIRKEY	CV2101804792
38	B.Ed. III	RUP CHANDRA	CV510140773
39	B.Ed. III	SAKSHI KOHLI	CV2101804678
40	B.Ed. III	SANDEEP DHRUW	CV510141351
41	B.Ed. III	SANTOSHI GOND	CV2101804647
42	B.Ed. III	SARITA SURYAWANSHI	CV2101804632
43	B.Ed. III	SATISH KUMAR SAHU	CV651162004
44	B.Ed. III	SAVITA	CV2101804815
45	B.Ed. III	SAVITA BINJHWAR	CV520151095
46	B.Ed. III	SHALINI MANIK	CV2101805229
47	B.Ed. III	SHILPI BHATTACHARYA	CV2101805172

48	B.Ed. III	SHRIYA KASHYAP	CV2101804804
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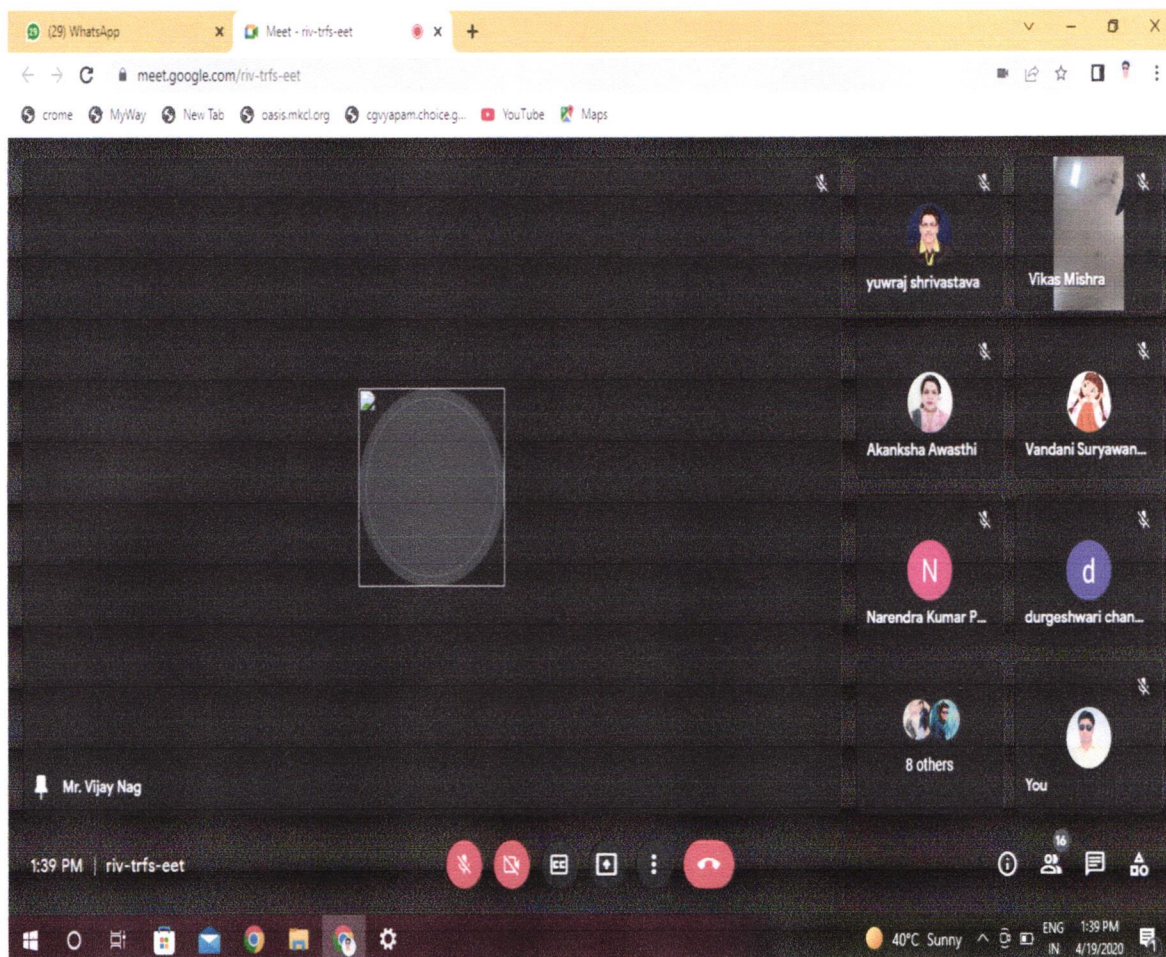
HOD
Deptt. of Education
Dr. C.V. Raman University


A Report

on

One Day Guest Lecture on Judo Techniques

One-Day online Guest Lecture on Judo Techniques was conducted by the Physical Education Department of Dr. C.V. Raman University on 19th April 2020. Senior Judo Player Mr. Vijay Nag was the Chief Speaker. The Co- Coordinator Dr. Yuwraj Shrivastava delivers a welcome speech. The Chief Speaker spoke on the basic rules of Judo Techniques, that was highly praised. The Chief Speaker also emphasized how to compete in the field of judo. All the participants were given online practical Session. 20 participants had participated in this online programme.




डॉ. जयशंकर यादव
कार्यक्रम अधिकारी एन.एस.एस.
सी. वी. रमन वि. बि. कोटा
बिलासपुर (छ.प्र.)

Dr. C.V Raman University

Kargi Road Kota, Bilaspur

Department of Electrical Engineering and IQAC

Report on One Day Online Campaign for Fitness during COVID 19

One day Online Campaign For Fitness During COVID 19 was conducted by Department of Electrical Engineering and IQAC, Venue Dr. C.V Raman University ,kargi road kota Bilaspur. On 24th April 2020.

The resource person was Dr. Sushil Kumar Patel, Pragati College Raipur. Fifty students of EE branch participated in the program and enriched their knowledge and skill in Fitness during COVID 19. Dr. Sushil Kumar Patel started his lecture with the brief introduction of Fitness During COVID 19.

The objectives of this campaign are:

- Describe how COVID-19 has impacted Indigenous communities
- Help attendees understand the effects of longstanding health disparities and inequities in the Indigenous community
- Recount stories about caring for and supporting Indigenous people through the pandemic

Students enjoyed the lecture and got informative session.

Dr. Sushil Kumar Patel, congratulated the students for enrolling in the Seminar in large numbers. The vote of thanks was given by Mrs. Durga Sharma, HOD of electrical Engineering department.

Participants -50

meet.google.com/uyp-vgim-vlox

Dr. Sushil Kumar Patel is presenting

One Day Campaign
FITNESS DURING COVID 19
 Date: 24/04/2020

Be active at home during the #COVID-19 outbreak

Organized by : Department of Engineering & IQAC
Dr. C.V. RAMAN UNIVERSITY
 Kapti. Dmd. Kato. Bilaspur (C.G.)

1:27 PM | uyp-vgim-vlox

Participants: Durga Sharma, Ashutosh Tiwari, rRaghendra singh, rakesh vishwakarma, pradeep kushwaha, Kismat Singh, 12 others, You

meet.google.com/uyp-vgim-vlox

Dr. Sushil Kumar Patel is presenting

Aviation industry facing deepest crisis ever in history

The aviation industry bears the weight of the consequences of the COVID-19 outbreak heavier than other industries as its "raison d'être" is the transport of people and goods all across the globe for travel, tourism, business and trade.

Air traffic demand collapse (passenger growth, %)

Region	January 2020	February 2020	March 2020
Africa	0%	-23%	-53%
Middle East	0%	-34%	-53%
Latin America/Caribbean	0%	-34%	-53%

12:02 PM | uyp-vgim-vlox

Participants: Durga Sharma, Ashutosh Tiwari, rRaghendra singh, rakesh vishwakarma, pradeep kushwaha, Kismat Singh, 12 others, You

[Handwritten Signature]
HOD
 EE Dept.
 Dr. C.V. Raman Insti. of
 Science & Technology
 Kota, Bilaspur (C.G.)

Dr. C. V. Raman Institute of Science and Technology

Kargi Road Kota Bilaspur

Department of Electrical Engineering

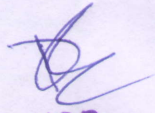
Online Campaign For Fitness During COVID 19

List of Students participated

Date:24/04/2020

S.NO.	NAME OF STUDENTS
1	Deepak Chauhan
2	Pushpanjali
3	Navin Kumar Sahu
4	Abhishek Gaurha
5	Siddharth Singh
6	Anuj kumar Chaurasiya
7	Bhola Ram
8	Rajveer Singh
9	Sakshi
10	Maya Joshi
11	Neha Joshi
12	Shruti Kokash
13	Ram Pratap Chouhan
14	Chandramohan
15	Deepak Verma
16	Manish Baghel
17	Raj Kumar Shikari
18	Ravi Shankar
19	Vaibhav Dange
20	Jaswant Singh
21	Krishna Sarkar
22	Rahul Kumar Sahu
23	Ravinarayan Sethi
24	Saifullah Rahman
25	Jitendra Prasad Sharma

26	Anuj Kumar
27	Avinash Kumar
28	Ajit Kumar
29	Atal Samrat
30	Priya Sarkar
31	Rohit Raj
32	Raj Yadav
33	Ajay Patre
34	Ravi Tandiya
35	Shiv Sankar Bareth
36	Noushad Khan
37	Sakshi Khare
38	Manuraj Patel
39	Mahendra Kumar Dhruw
40	Pradyuman Behura
41	Disha Mishra
42	Kismat Singh
43	Deepak Rajput
44	Divyanshu Sahu
45	Tarun Yadav
46	Rahul Nayak
47	David Das
48	Gireesh Kumar
49	Aanchal Kumar
50	Yash patil

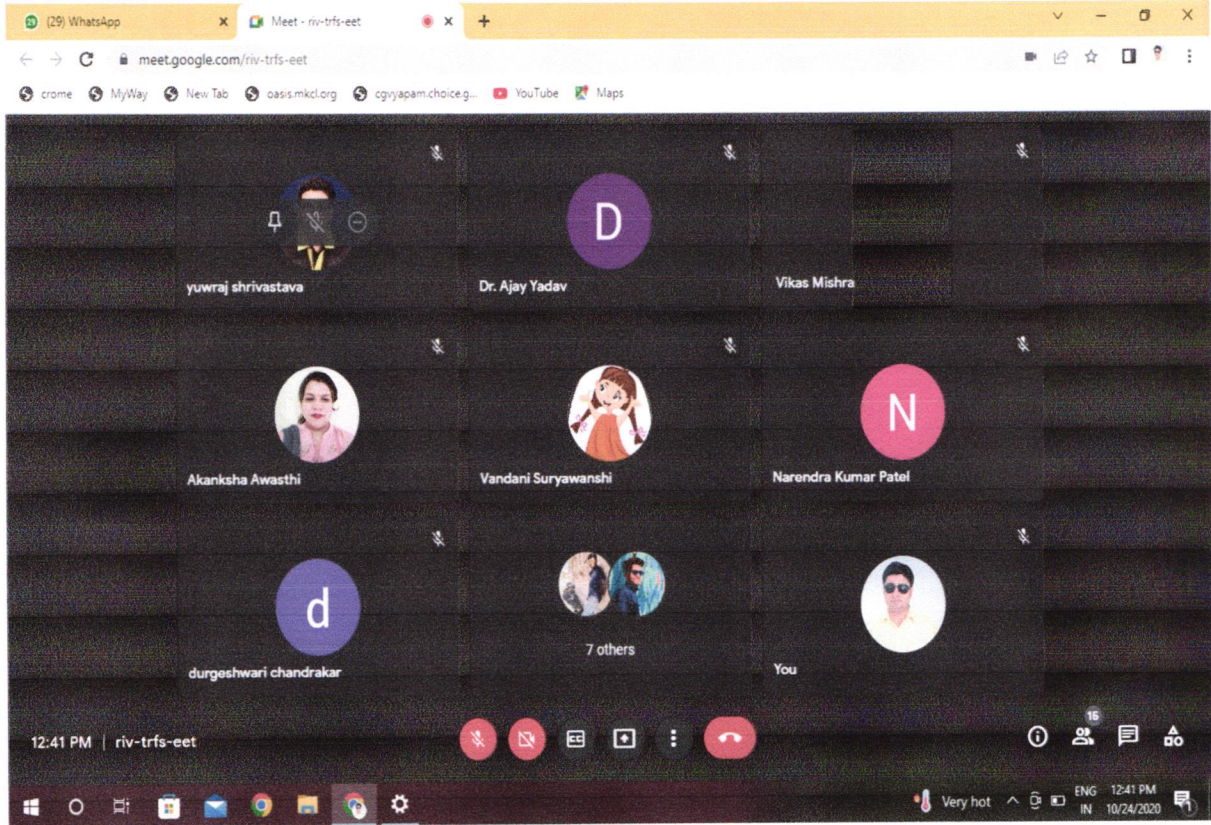

HOD
EE Dept.
Dr. C.V. Raman Insti. o:
Science & Technology
Kota, Bilaspur (C.G.)


A Report

on

One Day Guest Lecture on 'Football Strategies'

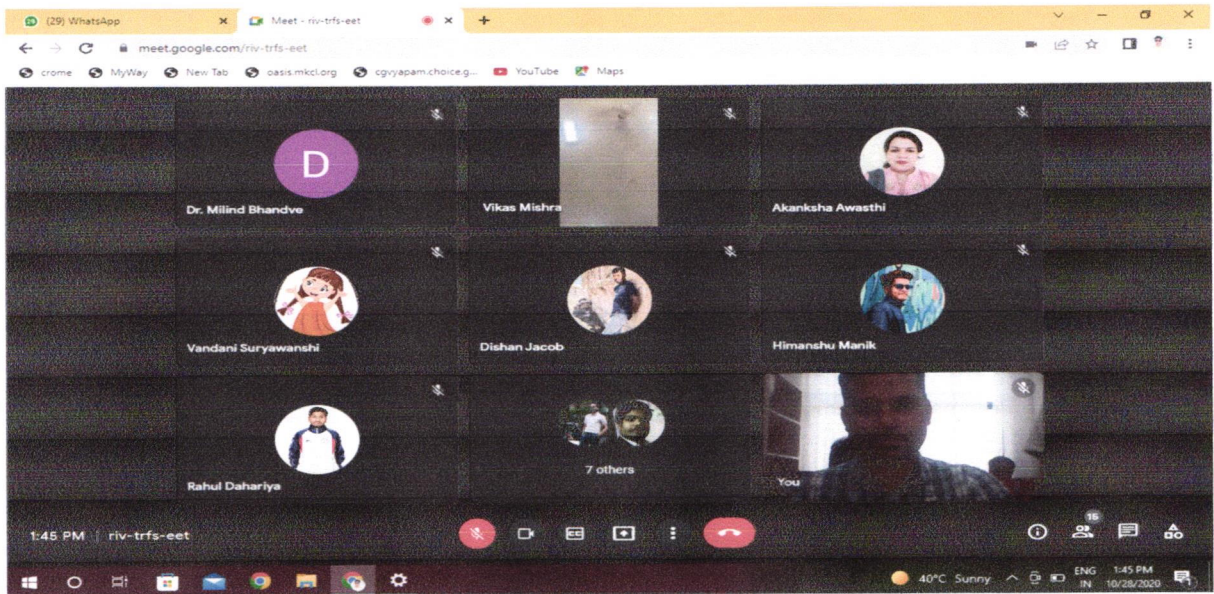
One-Day Guest Lecture was organized by Physical Education Department of Dr. C.V. Raman University on 24th Oct. 2020. Honorable Vice Chancellor of the University Prof. R. P. Dubey, Shri Gaurav Shukla, Registrar gave their gracious presence, Dr. R. P. Dubey appreciated the organizer for a better step taken. Dr. Ajay Yadav, was the Chief speaker, narrated beautifully about the strategies used in Football. He spoke on the attitude of the players and to make strategies with the captain in order to win the match and how to play collectively as a team. He emphasized about the important role of the Coach, Captain and of the Players. 23 participants had participated in the lecture.





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बिलासपुर (छ.ग.)

**A Report
on
One-day Guest Lecture on ‘Gymnastics Exercise Requiring Balance, Strength and Flexibility’**

One-day online guest lecture was organized by Physical Education Department of Dr. C. V. Raman University, on 28th Oct. 2020 on the title “Gymnastics Exercise Requiring Balance, Strength and Flexibility”. The inaugural ceremony started with the speech of Honorable Vice Chancellor of the University Prof. R.P. Dubey followed by Registrar Shri Gaurav Shukla Sir, Chairperson Dr. P. K. Naik, Coordinator Dr. Sudhir Rajpal delivered a welcome speech, key note speaker Dr. Milind Bhadwe. Pt. R.S.U Raipur. spoke on the Importance of Gymnastics in student’s life and its benefits. In the forthcoming life of the gymnastics., it also develops the mental and Physical ability of the sports person, it maintains the balance, strength and flexibility. He covered all the main information related to Gymnastics. 22 participants participated in this one-day online guest lecture and it benefitted them all.



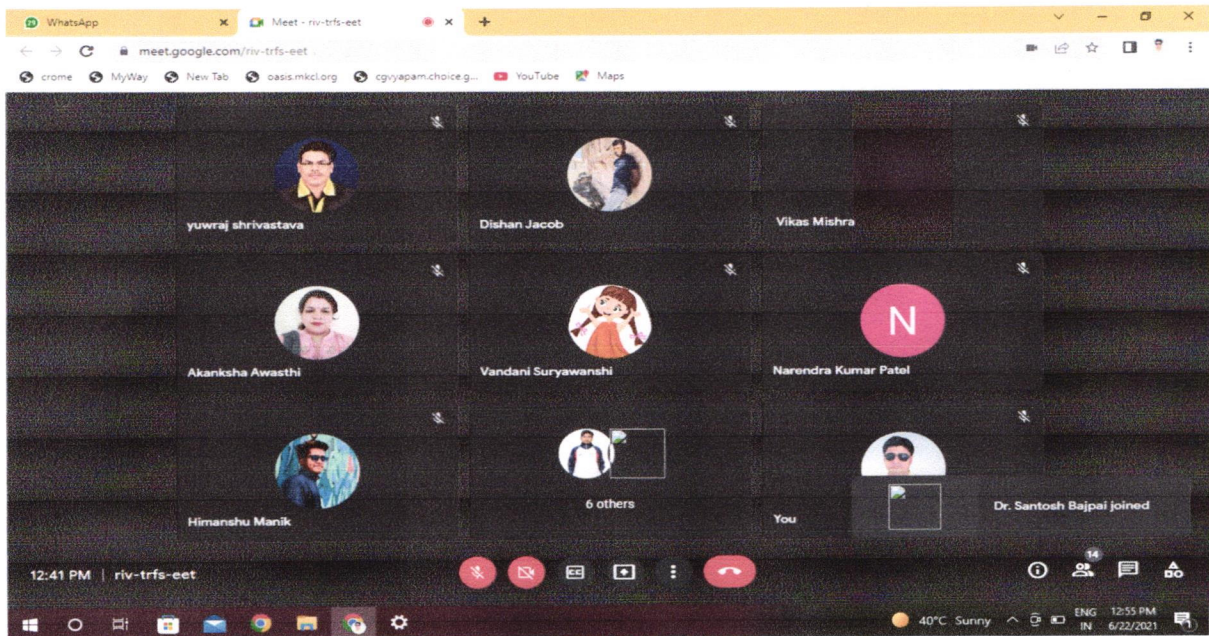

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सी. वी. रमन वि. बि. कोटा
बिलासपुर (र.प.)


A Report

On

One Days Guest Lecture on “The Evolution of Technology in sports”

One-Day online Guest Lecture on “The Evolution of Technology in Sports” was conducted by the Physical Education Department of Dr. C.V. Raman University on 22nd June 2021. The session was inaugurated by Honorable Vice Chancellor of the University Prof. R. P. Dubey in the presence of Chief Guest Dr. Santosh Bajpai, Sports Officer, Science College, Bilaspur, Shri Gaurav Shukla (Registrar) and Dr. P. K. Naik HOD (Education). The chief guest spoke about the usefulness of technology as a tool for better health of an athlete because of the fact that sports has been very competitive. He told about the role of technology in golf club, football helmet, baseball, bat football and hockey skates etc. also emphasized how to compete in the field Evolution of technology in sports. All the Participants were given online practical session. 20 participants had participated in this lecture.




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बिलासपुर (स.प.)